

SUPPORTED BY



Fall 2018/Winter 2019 Child Welfare In-Service Training

for the
Michigan Department of Health and Human Services
and MDHHS-Contracted Private Agencies

Delivered by
Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work



*ALL trainings
in this catalog
are approved
by the MDHHS for
in-service
training hours*

Contents

- 3 Introduction
- 4 FAQs
- 5 Andrews University
- 6 Eastern Michigan University
- 7-8 Grand Valley State University
- 9-10 Michigan State University
- 11 Spring Arbor University
- 12-13 University of Michigan
- 14-15 Wayne State University
- 16-17 Western Michigan University
- 18-21 Webinars offered by Michigan State University
- 22-23 Previously recorded live webinars, accessible on-demand online offered by Michigan State University
- 24 Leadership Series offered by Michigan State University
- 25 Caregiver Training offered by Michigan State University
- 26-27 Calendar of Trainings

Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Michigan State University
Spring Arbor University
University of Michigan
Wayne State University
Western Michigan University

Introduction

Working effectively as a child welfare worker or supervisor can be challenging. Keeping families safely together, reuniting families, or supporting new loving families requires a well-trained child welfare workforce. A professional needs to have extensive knowledge about child development, family dynamics, culture and community, trauma, evidence-based or promising approaches to helping children and families, and so much more. In addition to knowledge, multiple skills are required to assure child safety, promote permanency planning, and support the well-being of children and families. Gaining this knowledge and skills requires both initial professional education and training as well as an ongoing commitment to learning and improving. This is important work as child welfare professionals have the opportunity to save and transform lives by significantly helping children and families.

That is why we are pleased to present this in-service training catalog—the product of a dynamic partnership among nine Michigan schools of social work with MSW programs and the Michigan Department of Health and Human Services (MDHHS). We appreciate the commitment and support of MDHHS Director Nick Lyon and his Children’s Services Agency leadership team: Dr. Herman McCall, Stacie Bladen, and Doug York. A special thanks to training team leaders Stacie Gibson, Laura Schneider, and Kimberly Reese for their partnership.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge for child welfare workers and supervisors. Multiple human service and educational professionals who also serve the families involved with the child welfare system may find the trainings of interest; many of the training topics will have applicability beyond child welfare practice. Each training is or will be approved for social work continuing education credit hours.

Thank you for your interest and support.

Sincerely,

Gary R. Anderson, PhD, LMSW, Professor
Kadi M. Prout, LMSW, In-Service Project Coordinator
MSU School of Social Work

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the
Child Welfare League of America

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare workers and supervisors and MDHHS-contracted private agencies’ child welfare workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

◆ ◆ ◆ ◆ ◆
REGISTRATION for each training will close once the **35-person capacity** has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

◆ ◆ ◆ ◆ ◆
This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete? All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

2 How do I record these in-service training hours to show that I am meeting this requirement? Add the training to the Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

3 I see that each training in this catalog has a curriculum reference. What does this mean? Child welfare workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the field. A worker should have the opportunity to sit down with her/his supervisor regularly to assess which trainings would be most beneficial and most relevant to her/his caseload so that training progress is pre-planned and helps the worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)? In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

5 Is it true, I can attend any in-service training listed in this catalog for FREE?! Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog, webinars are offered through Michigan State University.

See pages 18-21.

MICHIGAN STATE
UNIVERSITY

School of Social Work

Secondary Trauma Is an Occupational Hazard!!

Curriculum: Secondary trauma: Witnessing trauma in the workplace; self-care for workers; compassion fatigue and how to recognize it; combat burnout and manage stress

Date/time: Friday, October 19, 2018 • 9:00 AM – 12:15 PM

Location: Andrews University, Chan Shun Hall, Whirlpool Room
4185 E. Campus Circle Drive, Berrien Springs, MI 49104

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$45 all others; \$15 for students

Presenter: Diana Mitchell, MA, LPC, NCC



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the difference between burnout, compassion fatigue, and vicarious trauma.
- Identify the role of stress response in experiencing secondary trauma.
- Utilize adaptive coping skills to prevent, lessen, and/or mitigate secondary trauma.

Description: Exposed each day to the distress of others, our second responders to tragedy—humanitarian workers, therapists, social workers, lawyers, journalists, Children's Protective Services workers, etc.—can develop traumatic stress disorders that mimic the PTSD of their clients and patients. Researchers point out that there is really only one reliable predictor of whether or not someone will experience secondary trauma: their level of exposure to trauma. Can you avoid or decrease secondary trauma? How can you prevent it? How can supervisors help their staff when secondary trauma symptoms appear? This training will explore the varied responses to secondary trauma and how to utilize adaptive coping skills to prevent, lessen, and/or mitigate secondary trauma. This training will utilize role playing, exercises, small group discussion, and visual displays.

"Empathy is a double-edged sword; it is simultaneously your greatest asset and a point of real vulnerability." —Dale G. Larson, PhD

How to register: Use the registration form at www.andrews.edu/cas/socialwork/continuing. Download the form, scan, and email it to swceu@andrews.edu.

Contact: Shelley Kennedy

Email: swceu@andrews.edu

Phone: 269-471-6196

Website: www.andrews.edu/socialwork

Substance Use Disorders: Adult Survivors of Childhood Abuse and Neglect

Curriculum: Substance abuse

Date/time: Friday, October 26, 2018 • 9:00 AM – 12:15 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 3 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Janet Okagbue-Reaves, PhD, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize and assess substance use disorders (SUDs).
- Identify ways to support families struggling with an SUD and/or other mental health disorder.
- Ways to advocate for families when an adult has an SUD to facilitate recovery.

Description: This training will examine the identification of families involved with child abuse and neglect and its connection to adult survivors of abuse and neglect and co-morbid mental health and substance use disorders.. This training will utilize exercises, small and large group discussions, and visual displays.

The Effects of Abuse and Neglect on Young Children: Supporting Caregivers to Establish Relationships in the Face of Complex Trauma

Curriculum: Trauma and crisis management

Date/time: Friday, November 16, 2018 • 9:00 AM – 4:30 PM

Location: EMU, Halle Library, Room 300, 955 W. Circle Drive, Ypsilanti, MI 48197

Social Work CECHs: 6 hours

Cost: Free to all MDHHS and private agency child welfare workers; \$100 all others

Presenter: Sarah Shea, PhD, LMSW, IMH-E



Intermediate skill level

Target audience:

- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the impacts of abuse and neglect on infants and toddlers' social and emotional development.
- Identify the impacts of abuse and neglect on infants and toddlers' neurobiology.
- Demonstrate the use of mentalization with very young children impacted by complex trauma.
- Identify strategies for supporting caregivers' parenting of infants and toddlers in foster care who have experienced complex trauma.
- Utilize reflective functioning to describe their own responses to working with young children exposed to abuse and neglect.
- Utilize reflective functioning to describe their responses to working with caregivers of young children in foster care as well as to mentalize about the potential responses of caregivers to working with child welfare professionals.

Description: Citing recent infant mental health research and the Adverse Childhood Experiences Study, this training will describe the range of social, emotional, and neurobiological effects of abuse and neglect on young children. In addition, participants will learn about the importance of supporting caregivers' use of mentalization in order to support infants and toddlers who have experienced abuse and neglect to develop reflective functioning, an essential component for future relationships. The training will provide participants with strategies for working with caregivers who are parenting very young children in foster care who have experienced complex trauma. This training will utilize exercises, large group discussions, and visual displays.

How to register: Visit <https://www.emich.edu/chhs/sw>

Contact: Angela Palek Phone: 734-487-0367 Email: emu_socialworkce@emich.edu

Breaking Down Barriers: Communicating and Working with Attorneys Inside and Outside of the Courtroom to Promote Best Interests of the Children and Achieve Better Permanency Outcomes

Curriculum: Permanency: Strategies to work with courts, schools, and other agencies to support permanency and well-being

Date/time: Friday, October 26, 2018 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory
201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Manda Mitteer, JD, MSW



Beginning skill level

Target audience:
✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify situations in which to engage the attorneys to promote permanency goals and the best interests of the children.
- Utilize various techniques for engaging attorneys and the judges, particularly working with the attorneys prior to the court hearing.
- Experience greater confidence in advocating at court despite the adversarial environment.

Description: This training will provide a brief overview of the importance of working with LGALs and parent attorneys both inside and outside of the courtroom in an effort to achieve better permanency results for families and children. Participants will be encouraged to think critically about collaborating with both LGALs and parent attorneys, how to engage these attorneys outside of the court process, and ultimately get the attorneys involved in permanency planning prior to walking into court. Participants will learn more about the lawyers' roles, the lawyers' obligations to their clients, and how to interact with lawyers to gain confidence in their advocacy skills at court despite the adversarial environment. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Leslie Bateman

Phone: 616-331-7180

Email: socialworkce@gvsu.edu

Effective Pre-adoption and Post-adoption Services to Prevent Disruptions and Dissolutions

Curriculum: Permanency: Post-adoption services and strategies for avoiding disruption and dissolution

Date/time: Friday, November 30, 2018 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory, 201 Front Ave. SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Brooke Van Prooyen, LMSW



Beginning skill level

Target audience:

✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand how to work more effectively with parents through specific strategies.
- Understand how good self-care for both workers and caregivers promotes the well-being and permanency of adoptive placements.
- Understand how to implement a parent lead/agency group model for providing both pre-adoption and post-adoption supportive services.
- Understand how to build connections to supportive community services available and how to access them prior to finalization.

Description: This training will share lessons learned from working with hundreds of adoptive, kinship, and guardianship families, some of whom had once been at risk of disruption and dissolution of their adoptions. While adoptions are generally successful, many families will face disappointment and potential disruptions without effective education and support. Learn useful strategies to improve relationships with families, gain knowledge and accessibility to quality community-based post-adoption services, and learn skills to facilitate parent lead/agency-supported support groups. This training will utilize exercises, small and large group discussions, and visual displays.

Advocating for Recovery: Supporting Families with Substance Use Disorders

Curriculum: Substance abuse: How to advocate for families and services to facilitate recovery

Date/time: Friday, February 1, 2019 • 8:45 AM – 12:00 PM

Location: GVSU Pew Campus, Bicycle Factory, 201 Front Ave. SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: Sara Paxton, LMSW



Beginning and intermediate skill levels

Target audience:

✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify ways to advocate for access to services for individuals struggling with substance use issues.
- Define recovery and how to ensure family safety throughout the recovery journey.
- Explain barriers and possible solutions for overcoming them.

Description: This training will address ways to provide support for families struggling with substance use issues and how to advocate for them and services in order to facilitate recovery. Attendees will learn how to advocate within the system for families struggling with substance use disorders. This includes being able to advocate for access to services and engagement in appropriate levels of care. Attendees will be able to distinguish the differences between various levels of care and what to advocate for. They will learn about recovery and what it means for families in order to provide advocacy and ensure family safety. Finally, attendees will have an opportunity to discuss barriers to advocating for families and services and ways to overcome them. This training will utilize exercises, small and large group discussions, and visual displays.

Grief and Loss: Helping Children and Families Talk About Death* #611-18

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: **Thursday, October 4, 2018**

Registration 12:30 PM • Program 1:00 PM – 4:15 PM

Location: **Washtenaw Intermediate School District**, 1819 S. Wagner Rd, Ann Arbor, MI 48103

Social Work CECHs: 3 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Susan Sefansky, LMSW, ACSW**



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Create an increased comfort level in talking about death-related issues with children and adults.
- Understand the cultural barriers to discussing death and experiencing grief.
- Develop techniques for facilitating conversations about death and grief.

Description: When a death is experienced by a child, the reaction of the adults around them will have a profound effect on how the child makes sense of this event. It is no less difficult for adults to experience the loss of a child. Talking about death often provokes discomfort, anxiety, and fear. This training provides an opportunity to explore issues surrounding children and death in the hopes of increasing our professional comfort level to hold these conversations and to understand how the grief trajectory may be influenced by events that do or do not happen at the time. This training will utilize exercises and small and large group discussions.

Attachment Theory in Action: Understanding Infant Mental Health Practices in the Care of Infant and Toddlers in Foster Care* #612-18

Curriculum: Mental and behavioral health: Infant mental health
—importance of bonding/attachment

Date/time: **Thursday, Nov. 8, 2018** Registration 12:30 PM • Program 1:00 PM – 4:15 PM

Location: **WMU Beltline Conf. Center**, 2333 E. Beltline Ave. SE, Grand Rapids, MI 49546

Social Work CECHs: 3 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: **Molly Minnick, LMSW**



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Demonstrate a basic understanding of attachment theory.
- Identify four different types of attachment based clinical models of intervention.
- Identify strategies of support used in the provision of infant mental health services.
- Demonstrate an understanding of foster care placement on attachment on infants and toddlers in the child welfare system.

Description: This training will use current case presentations and videotaped interviews with mothers, fathers, infants, and toddlers to understand and examine attachment theory and the impact of foster care placement on attachment relationships in infants and small children. Participant involvement will be encouraged throughout this presentation. This training will utilize visual displays.

***We are Going Green!** In the spirit of going Spartan "Green," we will not be distributing printed materials during our in-person events. Instead, we have developed a resource webpage that will host materials such as the PowerPoint presentations, and resources. The link to this page will be emailed to you prior to the training.

We will provide lined paper for taking notes at the program event; however, if you prefer to have the PowerPoint or any of the materials in front of you, please ensure you print them prior to your arrival.

We encourage participants to bring electronic devices to refer to the handouts link if you do not wish to print them ahead of time. Please charge your electronic devices prior to arrival.

Why Can't My Client Access Services? Busting Cultural, Institutional, and Personal Barriers to Service* #613-18

Curriculum: Cultural humility/cultural competence: Race equity and systemic racism

Date/time: Thursday, November 15, 2018

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: Holiday Inn Gateway Centre, 5353 Gateway Centre, Flint, MI 48507

Social Work CECHs: 3 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Wardene Bonds Talley, MA



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Define systemic racism through historical and current examples.
- Explain cultural, ethnic, gender, language, and institutional barriers that prevent access and use of services.
- Understand personal beliefs and bias that may affect how you serve your clientele.
- Create strategies for making personal and organizational changes to improve the quality of care received by your clientele.

Description: Access to and active participation in services is an ongoing challenge for families involved in the child welfare system. There are many barriers to care, including individual consumer challenges, conflicts between consumer-provider cultural values, power differentials, institutional barriers, and even personal beliefs and bias about families who receive services. The focus of this training is to examine current barriers to service, while strategizing ways to make changes to eliminate those barriers for child welfare recipients. This is an interactive, challenging training that will help you explore your own personal beliefs as well as your organization's beliefs and practices. This training will utilize role playing, small and large group discussions, and visual displays.

Facilitating Effective Parenting Time* #614-18

Curriculum: Permanency: Effective use of parenting time

Date/time: Thursday, November 29, 2018

Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Location: The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Cost: Free to all MDHHS and private agency child welfare workers; all others check online for pricing, <https://socialwork.msu.edu/ceu/catalog.php>

Presenter: Kim Battjes, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the need for supervised parenting time.
- Identify the different types of supervised parenting time.
- Understanding and explain the needs of all of those involved.
- Implement strategies to restructure supervised parenting time.

Description: Structuring supervised parenting time with the intentional purpose of reunification, improving parenting skills, and/or restoring relationships takes planning and skill. In this training, we will begin to understand the needs of all involved. We will also explore ways in which a social worker can facilitate more effective supervised parenting time. This training will utilize role playing, exercises, small group discussion, and visual displays.

How to register for in-person training: Online at socialwork.msu.edu/ceu

Phone: 517-353-3060

Email: swkce@msu.edu

How to Help the Helpers: Trauma-informed Supervision

Curriculum: Supervision

Date/time: Thursday, October 11, 2018 • Program 9:00 AM – 12:15 PM

Location: Spring Arbor University—Lansing
4202 Collins Road, Suite 100, Lansing, MI 48910

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Hollie Nash, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify the need for positive and effective supervision.
- Identify ways to help support staff in a trauma-informed way.
- Be able to provide constructive feedback to staff in a team-oriented way to best serve clients.

Description: This training will teach lead caseworkers and supervisors how to effectively use supervision. It will review techniques to help not only guide staff on their cases, but ensure that the information and feedback is being presented in a trauma-informed way in order to reduce levels of secondary trauma. Various learning tools will be utilized. This training will utilize exercises, games, small and large group discussions, and visual displays.

If It Has a Name, Then It Can Be Treated: Defining, Managing, and Intervening with Mental and Behavioral Health Challenges in Children and Teens

Curriculum: Mental and behavioral health:

Understanding emotional and mental health concerns of youth

Date/time: Friday, January 18, 2019 • Program 9:00 AM – 12:15 PM

Location: Spring Arbor University—Lansing
4202 Collins Road, Suite 100, Lansing, MI 48910

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Melvin C. McDowell, Jr., LMSW, CFLE



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand common childhood/adolescent mental health diagnoses.
- Compare and evaluate the different ways symptoms may present themselves, specifically looking at the impact of trauma.
- Identify different treatment methods/interventions and what workers could do to support caregivers—whether birth parents, foster parents, or residential staff.

Description: Child abuse and neglect primes the brain for further mental health challenges. Up to 80% of children in foster care have significant mental health issues, compared to approximately 18–22% of the general population, according to the National Alliance on Mental Illness (NAMI). This training will provide an overview of several mental health diagnoses that are commonly seen in children and teens who have encountered child welfare services. You will leave this training understanding the symptoms of those diagnoses and how those symptoms impact the child, how children typically see the world around them, and in most cases how the world views them. This training will review myths as they pertain to certain diagnoses. Lastly, this training will provide child welfare workers basic methods and interventions that have been proven to have success with the given diagnoses. This training will utilize exercises and small and large group discussions.

How to register: <https://www.eventbrite.com/e/how-to-help-the-helpers-trauma-informed-supervision-tickets-47364887654>
<https://www.eventbrite.com/e/if-it-has-a-name-then-it-can-be-treated-tickets-47365340007>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu

Knowing What You See: Skills to Observe Parent-Infant/ Young Child Relationships

Curriculum: Mental and behavioral health: Infant mental health
—importance of bonding/attachment

Date/time: Friday, October 12, 2018 • Program 1:00 PM – 4:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Julie M. Ribaud, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify three key domains of interaction to observe.
- Identify two markers of healthy relationships.
- Identify and respond to two markers of worrisome relationships.

Description: What do interactions between babies and their caregivers “tell us” about the nature of their relationship?

Are there ways of interacting that can help us understand when the relationship is strong, at risk, or worrisome?

This training is designed to help child welfare professionals attend to the more subtle aspects of parent–young child relationships as a way to be more helpful to strengthening or supporting the parent–infant/young child relationship. This training will utilize small and large group discussions and visual displays.

Using *Individuals with Disabilities Education Act* to Ensure Students' Rights to Education

Curriculum: Education: Navigating the special education system for children with disabilities

Date/time: Tuesday, November 13, 2018 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Beth Sherman, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe four questions that an evaluation needs to answer in order for a child or youth to qualify as a student with a disability under the *Individuals with Disability Education Act*.
- Define “autism spectrum disorder,” “emotional impairment,” and “otherwise health impaired” in educational settings.
- Describe three techniques that they can use to advocate for students’ right to evaluation under *IDEA*.

Description: This training will provide an overview of students’ rights to evaluation under the *Individuals with Disabilities Education Act (IDEA)*. Participants will learn about basic mandates of special education law, including an overview of the special education evaluation process and how to advocate effectively for students suspected of having a disability. This training will utilize small and large group discussions and visual displays.

Creating Resilient Communities: Your Role

Curriculum: Cultural humility/cultural competence: Cross-cultural knowledge

Date/time: Friday, February 8, 2019 • Program 9:00 AM – 12:15 PM

Location: U-M School of Social Work, 1080 South University, Ann Arbor, MI 48109

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, LMSW



Beginning skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify 10 Adverse Childhood Experiences.
- Describe the correlation between exposure to adverse experiences and health and social outcomes.
- Describe four core methods for fostering resiliency.

Description: This training will introduce participants to the Adverse Childhood Experience study. By highlighting the impact of adverse childhood experiences and toxic stress, participants will be able to identify how specific experiences impact the health and social behaviors of individuals. Resiliency strategies that professionals and community members can utilize to positively improve outcomes for children and families will be explored. This training will utilize small and large group discussions and visual displays.

How to register: Visit ssw.umich.edu/r/CE-catalog

Contact: Alia Wesala, LMSW

Email: ssw.conted@umich.edu

Phone: 734-763-5723

What Lies Beneath: The Hidden Wounds and Jarring Impact Characteristic of Child Victims Impacted by Sexual Assault, Sexual Abuse, and Incest

Curriculum: Trauma and crisis management; Effects of abuse and neglect on children

Date/time: Friday, October 5, 2018 • Program 9:00 AM – 12:15 PM

Location: WSU Jeffress Center Building, 39201 W. Seven Mile Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers; \$30 all others

Presenter: Felecia Berry, LMSW



Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify types of sexual violence.
- Identify behaviors characteristic of sexual violence.
- Identify developmental effects across the lifespan.

Description: The goal of this training is to heighten the awareness on behalf of human service professions, providing comprehensive therapeutic interventions, resources, and community collaboration on behalf of children impacted by sexual violence. The effects of sexual trauma can impact a child throughout their lifecycle and can be costly to our society. Victims of sexual trauma may carry the burden of keeping this heavily "guarded" secret to themselves out of fear, rejection, abandonment, or retaliation. Young victims may hide or mask their feelings of hurt, confusion, shame, guilt, and blame feelings deep within themselves, believing they may have caused the trauma to occur. However, their erratic, risqué, seductive behaviors presented in the home, school, or social setting may indicate that something "Lies Beneath." This training will utilize small and large group discussions and visual displays.

Avoiding Ethical Violations in Child Welfare

Curriculum: MiTEAM Principles (Teaming, Engagement, Assessment, and Mentoring)

Date/time: Friday, November 2, 2018 • Program 9:00 AM – 12:15 PM

Location: WSU Jeffress Center Building
39201 W. Seven Mile Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$30 all others

Presenter: Anwar Najor-Durack, PhD
Dennis Muzzi, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Increase their understanding of the risk of ethical violations in a child welfare context.
- Increase their understanding of the regulatory process.
- List three strategies to help prevent ethical violations.

Description: Despite their best intentions and understanding of ethical principles and cultural diversity, social workers can take actions that put their licenses at risk. Child welfare presents unique risks to social work practice. This training will look at actual ethical violations to address these questions and discuss the issues in the context of the Michigan regulatory process. This training will utilize exercises, small and large group discussions, and visual displays.

Support Strategies for Transgender and Gender Nonconforming Children and Their Parents

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth

Date/time: Friday, November 9, 2018 • Program 9:00 AM – 12:15 PM

Location: WSU Jeffress Center Building
39201 W. Seven Mile Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers; \$30 all others

Presenter: Susan Radzilowski, MSW, ACSW, LMSW, IMH II



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Learn language and definitions of terms such as transgender, gender identity, gender expression, gender nonconforming, nonbinary, intersex, gender transition, and ally. Language and terminology will be examined with emphasis on using affirming language and avoiding offensive terminology.
- Articulate four risk factors and four protective factors commonly seen in transgender and gender nonconforming youth.
- Identify three mental health strategies to support transgender gender nonconforming children and their parents.

Description: This training will offer a working definition of terms including: transgender, gender identity, gender expression, gender nonconforming, nonbinary, intersex, gender transition, and ally. Language and terminology will be examined with emphasis on using affirming language and avoiding offensive terminology. This training will examine multiple risk factors that impact transgender youth from a solution-focused lens. These risk factors include a 40% rate of attempted suicide, increased incidence of homelessness, school bullying and harassment, increased vulnerability to hate crimes, including assault, sexual assault, and murder. Family relationship dynamics, along with strategies to increase family support, will be explored with an emphasis on increasing parental capacity to support the transgender youth. Family acceptance is a protective factor that is associated with a decrease in transgender youth homelessness and a decline in the frequency and severity of mental health issues, and an increase in overall wellness. This training will utilize exercises and small and large group discussions.

How to register: Visit <http://continuingeducation/socialwork.wayne.edu>

Contact: Sylwia A. Flaga

Phone: 313-577-9348

Email: ce_ssw@wayne.edu

Suicide Prevention Among Youth Involved in the Child Welfare System

Curriculum: Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies.

Date/time: Friday, October 26, 2018 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Bridget E. Weller, PhD



Beginning skill level

Target audience:

✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Identify both risk factors and warning signs of potential suicidal behaviors.
- Communicate with someone who may be experiencing suicidal thoughts.
- Identify evidence-informed practices that have been found to be effective for individuals who experience suicidal thoughts.

Description: This training will focus on suicide prevention among youth involved in the child welfare system. This training will provide practical information on assessment and intervention. This training will use role playing and small group discussion.

Mindfulness to Prevent Secondary Traumatic Stress Among Child Welfare Professionals

Curriculum: Secondary trauma: Self-care for workers

Date/time: Friday, January 18, 2019 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Yvonne A. Unrau, PhD, LMSW



Beginning skill level

Target audience:

✓ Children's Protective Services Workers
✓ Foster Care Workers
✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define key concepts such as mindfulness, secondary trauma, well-being, and self-care.
- Know the difference between cognitive and somatic tools of mindfulness.
- Name three different mindfulness practice tools that prevent secondary traumatic stress.

Description: This training will focus on pragmatic somatic mindfulness strategies to build, strengthen, and sustain well-being among helping professionals working in child welfare and mental health programs. Research-supported mindfulness-centered practices that reduce stress and increase well-being will be presented and demonstrated. Participants will learn practical knowledge and skills to both aid stress reduction and promote well-being in an effort to support optimal professional growth and practice. The training will focus on body-based strategies that restore and rejuvenate a sense of well-being and also rejuvenate one's spark to do good work and enjoy other aspects of our lives. The aim is to have participants leave with practical strategies and a renewed charge for moving forward with their work and life goals. This training will use exercises, small and large group discussions, and visual displays.

Understanding Sexuality and Gender Expression

Curriculum: Cultural humility/cultural competence: Supporting LGBTQ youth

Date/time: Friday, February 8, 2018 • Program 8:45 AM – 12:00 PM

Location: WMU College of Health and Human Services
1240 Oakland Drive, Kalamazoo, MI 49008

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; \$55 all others

Presenter: Melinda McCormick, LMSW



Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the terms sexuality and gender expression.
- Identify the different terms for sexuality and/or gender expression and how they are used in the LGBTQ community.
- Express cultural awareness of non-heteronormative forms of sexuality and gender expression as a result of this training.

Description: People frequently confuse sexuality and gender expression and assume that they are related when, in fact, they can exist in many different combinations. In this training, we will discuss the difference between sexuality and gender expression, and we will provide an overview of different forms of gender expression and sexuality as understood in the LGBTQ community. We will also provide resources regarding the use of language to be more inclusive of those who do not follow heteronormative patterns of sexuality and gender expression. This training will use exercises and small and large group discussions.

How to register: Visit https://secure.touchnet.net/C21782_ustores/web/classic/store_cat.jsp?STOREID=1&CATID=3

Contact: Alicia Dorr

Phone: 269-387-2638

Email: alicia.dorr@wmich.edu

Michigan State University School of Social Work Continuing Education offers live webinars!

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be mailed a certificate of completion. Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Understanding Fetal Alcohol Spectrum Disorders #219-18

Date/time: Monday, November 5, 2018 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Renee M. Orr, LMSW**, is the clinical manager for residential services at D.A. Blodgett-St. John's. She has spent 24 years in residential treatment within the child welfare system. Orr earned her MSW from Grand Valley State University in 2000.

**Beginning skill level**

Description: This webinar will provide an overview of Fetal Alcohol Spectrum Disorders (FASD) and the impacts on clients. You will learn methods to best address behaviors and characteristics of FASD. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Challenges in School (Part 1): Barriers for Children in Foster Care #220-18

Date/time: Wednesday, November 7, 2018 • Program 4:00 PM – 5:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **John DeGarmo, PhD**, is recognized as a leading expert in foster care. He has a BA in history, a master's degree in media technology, a master's degree in educational leadership, and a doctorate in educational leadership from Walden University. Dr. DeGarmo wrote his dissertation on *Responding to the Needs of Foster Children Face While in Rural Schools*. He is the author of several foster care books, including the new book, *The Foster Care Survival Guide*, as well as the foster care children's book, *A Different Home: A New Foster Child's Story*. He is the director of the Foster Care Institute and acts as a consultant to foster care agencies and legal agencies around the world.

**Beginning skill level**

Description: This webinar will focus on the many challenges that foster children face while enrolled in school. In this webinar, the unique challenges and emotional trauma that foster children experience each day while in school will be explored, as well as how this affects all involved: teachers, foster parents, foster children, and the community. Barriers and risks for children in foster care will be discussed. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Challenges in School (Part 2): Strategies for Success #221-18

Date/time: Wednesday, November 14, 2018 • Program 4:00 PM – 5:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **John DeGarmo, PhD** (see above)

Beginning skill level

Description: This webinar will focus on how to best address the many challenges that children in foster care face while in school. You will learn strategies designed to respond to these challenges and how to help foster parents become better advocates for children in foster care. This webinar will cover how workers can help foster parents work alongside teachers and school administrators to improve relationships, communication, and support. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

For webinar registration, see page 19.

Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals #222-18

Date/time: Thursday, November 15, 2018 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Yvonne Unrau, PhD, LMSW**, is a professor of social work and director of the Center for Fostering Success at Western Michigan University. She received her PhD in social work from the University of Utah. She is a licensed social worker (clinical and macro), a registered yoga teacher, and a certified teacher of iRest Yoga Nidra.



Beginning skill level

Description: In this webinar you will learn pragmatic strategies to build, strengthen, and sustain well-being among helping professionals working in child welfare and mental health programs. Research-supported mindfulness-centered practices that reduce stress and increase well-being will be presented and demonstrated. You will learn practical knowledge and skills to both aid stress reduction and promote well-being in an effort to support optimal professional growth and practice. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

The Matter of Motivation #200-19

Date/time: Wednesday, January 16, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Michael D. Clark, LMSW**, is director of the Center for Strength-Based Strategies. He earned an MSW from Michigan State University (1994) and he served for 16 years as a child welfare worker and a family court referee in Lansing, MI. Clark is a member of the Motivational Interviewing Network of Trainers (MINT) and is co-author of the book, *Motivational Interviewing with Offenders: Engagement, Rehabilitation and Reentry*, published (2017) by Guilford Press.



Intermediate skill level

Description: This webinar will take an in-depth look into human motivation. It will review the sequence of human behavior change. Issues of reluctance to change and non-traditional understanding of client resistance will be discussed. Several important elements of Motivational Interviewing for child welfare application will be reviewed. This webinar will utilize visual displays and allow time for questions and answers.

How to register for webinar training: For pricing, further details, and online registration, visit socialwork.msu.edu/ceu/catalog.php under Topics of Interest “Webinars” or search course number.

To ensure the best possible experience, we encourage you to review system requirements available at support.zoom.us/hc/en-us/articles/201362023-System-Requirements-for-PC-and-Mac. It is recommended that you are hard wired to an Internet connection for the best connection. If you would like to view the webinar on a mobile device, download the free Zoom App.

MSU School of Social Work Continuing Education Program, provider #1136, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org Approved Continuing Education Program (ACE). Approval period: June 14, 2016 – June 14, 2019. We are an approved Michigan Social Work Continuing Education Provider. (Provider #0001) for all programs through August 2018. Michigan State University School of Social Work Continuing Education Program maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. For ADA requests, grievances, or concerns, contact swkce@msu.edu or (517) 353-3060. Social workers in other jurisdictions should contact their regulatory board to determine course eligibility.

Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth #201-19

Date/time: Tuesday, January 29, 2019 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Kelley Blanck, LMSW**, is currently the professional development specialist for MSU School of Social Work Continuing Education Program. She is also a faculty member, teaching macro-level classes for the School. Previously, Blanck worked for 20 years in the public mental health field, in both clinical and macro arenas. Her areas of specialty include grant writing, strategic planning, focus group facilitation, program development, and data analysis. In addition, she is a certified trauma trainer, with a particular focus on foster/adoptive trauma exposure.



Beginning skill level

Description: In Michigan, over 28% of children under the age of 17 have experienced two or more adverse childhood experiences (ACEs), well above the national average. ACEs include verbal, psychological, physical, or sexual abuse (witness or victim), among other somewhat complex traumatic events (ACES Study, 2011). These traumatic experiences can greatly affect how children view and cope with life. Complexly traumatized children often behave in ways that seem random, unpredictable, withdrawn and extreme, struggling with impulse control and being able to think through consequences (NCTSN, 2017). Research and practice are now opening our eyes to the significant relationship between behavior and trauma exposure. In this webinar, you will learn about common similarities and differences between typical developmental behaviors and trauma behavior as well as the interrelatedness of each. You will learn strategies for working with youth who are exhibiting big behavior due to trauma exposure. In addition, you will receive tips and resources for further education and tools available to families. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Making Trauma-informed Placement Decisions #202-19

Date/time: Tuesday, February 5, 2019 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Stacey Goodson, BA**, earned her bachelor's degree from Grand Valley State University. She is a trainer and consultant for foster and adoptive parents and has passionately worked in the field of child welfare for more than eight years, as well as a year as an education administrator. In addition to working with children who have experienced trauma, she and her husband have been therapeutic foster parents for more than six years for teenagers and have adopted four teenagers. In her free time, Stacey enjoys coaching high school girls in basketball and track. These experiences give Stacey a unique perspective on children who have experienced trauma, poverty, and neglect and what works to help them be successful. Goodson is a very dynamic and engaging presenter and is very passionate about equipping social workers, educators, and parents with the tools to work with children who have experienced trauma, poverty, and neglect; ultimately, giving youth the opportunities to be the best versions of themselves.



Beginning skill level

Description: In this webinar, you will learn how trauma affects children's placements and how child welfare professionals can make placement decisions that are trauma informed. This webinar will explore the effects of multiple placements on children in foster care and strategies for how child welfare professionals can support children in their current placements and prevent replacements. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

For webinar registration, see page 19.

Stress and Burnout in Foster Families #203-19

Date/time: Friday, February 8, 2019 • Program 4:00 PM – 5:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001
Presenter: **John DeGarmo, PhD**, is recognized as a leading expert in foster care. He has a BA in history, a master's degree in media technology, a master's degree in educational leadership, and a doctorate in educational leadership from Walden University. Dr. DeGarmo wrote his dissertation on *Responding to the Needs of Foster Children Face While in Rural Schools*. He is the author of several foster care books, including the new book, *The Foster Care Survival Guide*, as well as the foster care children's book, *A Different Home: A New Foster Child's Story*. He is the director of the Foster Care Institute and acts as a consultant to foster care agencies and legal agencies around the world.



Beginning skill level

Description: This webinar will focus on the emotional challenges of foster parenting and the resulting stress and burnout. In this webinar, you will learn about the realities of how stress, burnout, trauma, loss, and grief can affect the entire family. You will also learn strategies designed to best support foster parents and address the stress that comes with this time of loss. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Mindfulness, Wellness, and Creative Self-care for the Helping Professional #204-19

Date/time: Friday, February 22, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001
Presenter: **Stephanie McCann, LMSW**, is in her element when she is helping another become their most authentic and healthy self. This is her purpose. She has been contributing to the field of social work since 2009 when she graduated with her MSW from Michigan State University. With a passion for clinical social work with children and families, Stephanie's career has focused on child welfare, trauma-informed practice, foster and adoptive parent recruitment and retention, and the importance of mindful self-care and the helping profession. As the academic recruitment specialist at MSU, she is responsible for recruitment planning for BASW and MSW programs, and is a clinical instructor.



Beginning skill level

Description: This webinar seeks to prepare you to understand secondary traumatic stress exposure in the workplace, the conditions that may expose helping professionals to secondary traumatic stress, and allow you the space to assess your exposure to workplace conditions that may impact your mental health, wellness, and self-care practices with mindful awareness. You will be able to identify supports and resources to improve your holistic functioning as well as utilize self-assessment tools for reflection. This webinar seeks to impact the awareness of and need for stress management and focus on self-care. The practice of mindfulness will be explored as a tool to increase the helping professional's awareness and peace during time of stress. This webinar will utilize visual displays and allow time for questions and answers.

Advocating for Homeless Youth #205-19

Date/time: Thursday, February 28, 2019 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001
Presenter: **Erin Schaffer, LMSW**, is currently a family therapist at Ozone House in Ann Arbor. She spent three years working with the Education Project for Homeless Youth at Washtenaw Intermediate School District. Since then, she has also worked in an alternative high school and at the Student Advocacy Center of Michigan.



Beginning skill level

Description: In this webinar you will learn what factors increase a young person's risk of becoming homeless and who qualifies as "homeless" under the *McKinney-Vento Homeless Assistance Act*. The instructor will share data about the needs of the youth that Ozone House serves and strategies Ozone has used to meet those needs. You will practice strategies for advocacy under McKinney-Vento through the use of hypothetical scenarios. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

For webinar registration, see page 19.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336-17	Advocating for My Child in the School System
Caregiver	354-17	Understanding the Role of Life Books for Youth in Care
Caregiver	372-17	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	377-17	Is That Your “Real” Mom? Parenting Children from Another Culture
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310-17	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311-17	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312-17	Suicide Assessment, Management, and Intervention
General/MDHHS	313-17	Safety Planning
General/MDHHS	314-17	Effective Courtroom Advocacy
General/MDHHS	315-17	Children of Parents with a Mental Illness
General/MDHHS	322-17	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	323-17	Supervision in Child Welfare: Strategies to Engage and Support Workers
General/MDHHS	324-17	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325-17	Working with Immigrant Children and Their Families
General/MDHHS	327-17	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328-17	Creating Safety for Children
General/MDHHS	329-17	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337-17	Supporting and Strengthening Early Relationships for Children in the Child Welfare System
General/MDHHS	340-17	Positive Parenting with Very Young Children
General/MDHHS	341-17	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	347-17	Working with Families Affected by Substance Abuse
General/MDHHS	348-17	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349-17	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350-17	Adoption as an Option for Older Youth
General/MDHHS	352-17	CBT for Social Anxiety in Children
General/MDHHS	355-17	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356-17	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357-17	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358-17	Through a Baby’s Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	362-17	Your Role in Making Medicaid Happen

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	363-17	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365-17	Dissociative Coping in Traumatized Children
General/MDHHS	369-17	Decoding Social Emotional Development: Engaging Parents and Caregivers of Young Children
General/MDHHS	371-17	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373-17	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374-17	Father Involvement in Functional Family Formulations
General/MDHHS	376-17	Promoting Health and Wellness for Foster Youth
General/MDHHS	378-17	Teen Parents in Foster Care
General/MDHHS	381-17	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success!
General/MDHHS	382-17	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383-17	Youth Transitioning Out of Foster Care
General/MDHHS	384-17	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/ Dissolution
General/MDHHS	385-17	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386-17	Understanding and Supporting Adoptive Families
General/MDHHS	387-17	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388-17	Psychological and Emotional Trauma in Children and Its Impact on Adoption/ Foster Care and Family Development
General/MDHHS	389-17	Child Welfare Workers: The Ethical Obligation and Opportunities to Advocate for Social Justice
General/MDHHS	390-17	Honoring and Empowering Adolescents
General/MDHHS	392-17	Having the Tough Conversations About Race with Your Clients
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	339-17	Principles of a Mobile Workforce
Leadership	361-17	Making the Case for Retention-focused Management



School of Social Work

Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/CE/Online-Child-Welfare-Courses>.

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!

Principles of Staff Engagement

Time: Program 12:00 PM – 1:15 PM

Date: **Wednesday, October 24, 2018 #218-18**

Date: **Friday, April 26, 2019 #209-19**

Location: **WEBINAR**

Social Work CECHs: 1 hour • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: **Rosemary Jackson, LMSW**



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Identify effective staff engagement skills.
- Discuss the need to tailor engagement strategies to the needs of individual staff.

Description: What does effective engagement look like for staff at all levels of experience? How do you tailor your supervision to match the needs of each of your staff? Do you need to support your staff personally as well as professionally? This webinar will look at what we know about engaging staff in child welfare practice, including the role of the effective supervisor in managing the level of satisfaction that staff experience on the job. The parallel process of an effective supervisory relationship will be explored, and the principles of staff development will be discussed.

Rethinking Staff Engagement: What Supervisors Need to Know to Retain their Staff*

Time: Registration 8:30 AM • Program 9:00 AM – 12:15 PM

Date: **Thursday, April 11, 2019 #600-19**

Location: **The MTG Space, 4039 Legacy Parkway, Lansing, MI 48911**

Date: **Friday, May 10, 2019 #601-19**

Location: **WMU Beltline Conference Center**

2333 E. Beltline Avenue, SE, Grand Rapids, MI 49546

Date: **Thursday, May 30, 2019 #602-19**

Location: **VisTaTech Center, Schoolcraft College**

18600 Haggerty Road, Livonia, MI 48152

Social Work CECHs: 3 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Presenters: **Rosemary Jackson, LMSW, and Cheryl Williams-Hecksel, LMSW**



Beginning, intermediate, and advanced skill levels

Target audience:

- ✓ Children's Protective Services Supervisors
- ✓ Foster Care Supervisors
- ✓ Adoption Supervisors

Training objectives: As a result of this training, participants will be prepared to:

- Demonstrate strategies used to develop strong, supportive supervisory relationships.
- Discuss techniques to engage staff in designing professional development plans.
- Describe techniques to build team cohesion.

Description: Research indicates that staff don't quit their jobs or even their agencies; they quit their supervisors. Join Cheryl and Rosemary for an interactive experience designed to help you learn how to engage your staff at all three levels of supervision: administrative, clinical, and staff development. Learn how to apply this information to staff at different levels of experience and time on the job. Learn about practical strategies to engage your staff as individuals and as part of a team. Come away with tools that will help you invest in relationship building with your staff while building team cohesion. Take this training to learn new ideas about staff engagement, including how to apply staff engagement strategies in your supervisory practice.

*See special announcement: We are Going Green! on p. 9.

Attention workers: Please share these free training opportunities with families!

Locating the Past and Building the Future* #217-18

Dates/times: Wednesday, October 17, 2018 • Program 12:00 PM – 1:15 PM

Location: WEBINAR

Social Work CECHs: 0 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: Jonathan Albert, BS, CTS, is a supervisor at the Post Adoption Resource Center at Judson Center.

Beginning and intermediate skill levels

Target audience:

- ✓ Foster Parents
- ✓ Adoptive Parents
- ✓ Kinship Parents

Training objectives: As a result of this training, participants will be prepared to:

- List the steps needed to search for children’s biological family members.
- Describe how to help children process information about biological family.
- Discuss how to build a safe relationship with children’s biological family members.

Description: Adoptive, foster, and kinship families face the unique challenge of navigating relationships between their children and their children’s biological family members. Some families wonder about how to locate biological family members. Some might be concerned about when the time is right to connect. Others will want to know how and what type of boundaries to set with biological family members. And all families want to know if their child wants to meet his/her biological family, and if they do, if it is healthy for them to do so. Join Jonathan to explore these challenges as he looks at this important discussion through the lens of an experienced adoptive father. Join this webinar to learn about birth family search and relationships and hear Jonathan as he speaks from real life experiences.

Get Set for Siblings: Preparing Your Children for New Foster or Adoptive Brothers and Sisters* #223-18

Dates/times: Monday, December 10, 2018 • Program 12:00 PM – 1:15 PM

Location: WEBINAR

Social Work CECHs: 0 hours • Approved ASWB ACE #0001 and #MICEC-#0001

Presenter: Margaret White, BSW, adopted her son through foster care. This led her to provide peer support for adoptive families as a Michigan Adoption Resource Exchange (MARE) adoption navigator and an adoptive parent consultant with the Adoptive Family Support Network (AFSN). She has facilitated foster and adoptive parent support groups in four counties across the state, and she thoroughly enjoys helping families find the community support and resources they need to become stronger family units. Margaret earned her BSW from Brescia University and is currently working as the social work supervisor at the Michigan Adoption Resource Exchange.

Beginning skill level

Target audience:

- ✓ Foster Parents
- ✓ Adoptive Parents
- ✓ Kinship Parents

Training objectives: As a result of this training, participants will be prepared to:

- Prepare their family for the addition of a foster or adoptive placement.
- Address safety concerns.
- Manage feelings of sibling jealousy, rivalry, and grief.

Description: Adding a child or sibling group to your family is life changing. It’s important to have the whole family on board. In this webinar, you will learn ways to prepare the children already in your home for fostering and adoption. Explore ideas on how to foster loving sibling relationships, keep the peace, and assure safety for the whole household.

*See special announcement: We are Going Green! on p. 9.

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
October 2018	Grief and Loss: Helping Children and Families Talk About Death	Thursday, October 4, 2018 1:00 PM – 4:15 PM	Washtenaw Intermediate School District Ann Arbor	Michigan State University	9
	What Lies Beneath: The Hidden Wounds and Jarring Impact Characteristic of Child Victims Impacted by Sexual Assault, Sexual Abuse, and Incest	Friday, October 5, 2018 9:00 AM – 12:15 PM	WSU Jeffress Center Building Livonia	Wayne State University	14
	How to Help the Helpers: Trauma-informed Supervision	Thursday, October 11, 2018 9:00 AM – 12:15 PM	Spring Arbor University– Lansing	Spring Arbor University	11
	Knowing What You See: Skills to Observe Parent-Infant/Young Child Relationships	Friday, October 12, 2018 1:00 PM – 4:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	12
	Locating the Past and Building the Future	Wednesday, Oct. 17, 2018 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	25
	Secondary Trauma Is an Occupational Hazard!!	Friday, October 19, 2018 9:00 AM – 12:15 PM	Andrews University Chan Shun Hall Berrien Springs	Andrews University	5
	Principles of Staff Engagement	Wednesday, Oct. 24, 2018 12:00 PM – 1:15 PM ET	WEBINAR	Michigan State University	24
	Substance Use Disorders: Adult Survivors of Childhood Abuse and Neglect	Friday, October 26, 2018 9:00 AM – 12:15 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	6
	Suicide Prevention Among Youth Involved in the Child Welfare System	Friday, October 26, 2018 8:45 AM – 12:00 PM	WMU College of Health and Human Services Kalamazoo	Western Michigan University	16
	Breaking Down Barriers: Communicating and Working with Attorneys Inside and Outside of the Courtroom to Promote Best Interests of the Children and Achieve Better Permanency Outcomes	Friday, October 26, 2018 8:45 AM – 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	7
November 2018	Avoiding Ethical Violations in Child Welfare	Friday, November 2, 2018 9:00 AM – 12:15 PM	WSU Jeffress Center Building Livonia	Wayne State University	14
	Understanding Fetal Alcohol Spectrum Disorders	Monday, November 5, 2018 12:00 PM – 1:15 PM ET	WEBINAR	Michigan State University	18
	Challenges in School (Part 1): Barriers for Children in Foster Care	Wednesday, Nov. 7, 2018 Program 4:00 PM – 5:15 PM	WEBINAR	Michigan State University	18
	Attachment Theory in Action: Understanding Infant Mental Health Practices in the Care of Infant and Toddlers in Foster Care	Thursday, Nov. 8, 2018 Program 1:00 PM – 4:15 PM	WMU Beltline Conference Center Grand Rapids	Michigan State University	9
	Support Strategies for Transgender and Gender Nonconforming Children and Their Parents	Friday, November 9, 2018 9:00 AM – 12:15 PM	WSU Macomb Education Center Clinton Township	Wayne State University	15
	Using <i>Individuals with Disabilities Education Act</i> to Ensure Students' Rights to Education	Tuesday, November 13, 2018 9:00 AM – 12:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	12
	Challenges in School (Part 2): Strategies for Success	Wednesday, Nov. 14, 2018 Program 4:00 PM – 5:15 PM	WEBINAR	Michigan State University	18
	Why Can't My Client Access Services? Busting Cultural, Institutional, and Personal Barriers to Service	Thursday, Nov. 15, 2018 9:00 AM – 12:15 PM	Holiday Inn Gateway Centre Flint	Michigan State University	10

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
November 2018 continued	Mindfulness to Prevent Secondary Traumatic Stress Among Helping Professionals	Monday, November 15, 2018 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	19
	The Effects of Abuse and Neglect on Young Children: Supporting Caregivers to Establish Relationships in the Face of Complex Trauma	Friday, November 16, 2018 9:00 AM - 4:30 PM	EMU Halle Library Ypsilanti	Eastern Michigan University	6
	Facilitating Effective Parenting Time	Thursday, Nov. 29, 2018 9:00 AM - 12:00 PM	The MTG Space Lansing	Michigan State University	10
	Effective Pre-Adoption and Post-Adoption Services to Prevent Disruptions and Dissolutions	Friday, November 30, 2018 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	8
December 2018	Get Set for Siblings: Preparing Your Children for New Foster or Adoptive Brothers and Sisters	Monday, December 10, 2018 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	25
January 2019	The Matter of Motivation	Wednesday, Jan. 16, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	19
	If It Has a Name, Then It Can Be Treated: Defining, Managing, and Intervening with Mental and Behavioral Health Challenges in Children and Teens	Friday, January 18, 2019 9:00 AM - 12:15 PM	Spring Arbor University-Lansing	Spring Arbor University	11
	Mindfulness to Prevent Secondary Traumatic Stress Among Child Welfare Professionals	Friday, January 18, 2019 8:45 AM - 12:00 PM	WMU College of Health and Human Services Kalamazoo	Western Michigan University	16
	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth	Tuesday, January 29, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	20
February 2019	Advocating for Recovery: Supporting Families with Substance Use Disorders	Friday, February 1, 2019 8:45 AM - 12:00 PM	GVSU Pew Campus Grand Rapids	Grand Valley State University	8
	Making Trauma-informed Placement Decisions	Tuesday, February 5, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	20
	Creating Resilient Communities: Your Role	Friday, February 8, 2019 9:00 AM - 12:15 PM	U-M School of Social Work Ann Arbor	University of Michigan	13
	Understanding Sexuality and Gender Expression	Friday, February 8, 2019 8:45 AM - 12:00 PM	WMU College of Health and Human Services Kalamazoo	Western Michigan University	17
	Stress and Burnout in Foster Families	Friday, February 8, 2019 4:00 PM - 5:15 PM ET	WEBINAR	Michigan State University	21
	Mindfulness, Wellness, and Creative Self-care for the Helping Professional	Friday, February 22, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	21
	Advocating for Homeless Youth	Thursday, February 28, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	20
April 2019	Rethinking Staff Engagement: What Supervisors Need to Know to Retain their Staff	Thursday, April 11, 2019 9:00 AM - 12:15 PM	The MTG Space Lansing	Michigan State University	24
	Principles of Staff Engagement	Friday, April 26, 2019 12:00 PM - 1:15 PM ET	WEBINAR	Michigan State University	24
May 2019	Rethinking Staff Engagement: What Supervisors Need to Know to Retain their Staff	Friday, May 10, 2019 9:00 AM - 12:15 PM	WMU Beltline Conference Center Grand Rapids	Michigan State University	24
	Rethinking Staff Engagement: What Supervisors Need to Know to Retain their Staff	Thursday, May 30, 2019 9:00 AM - 12:15 PM	VisTaTech Center Schoolcraft College Livonia	Michigan State University	24



Additional trainings
and exciting new
topics coming
in spring 2019

MICHIGAN STATE
UNIVERSITY

School of Social Work

Continuing Education
MSU School of Social Work
Baker Hall
655 Auditorium Road, Room 14
East Lansing, MI 48824

