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NOW available free of charge to family preservation workers and supervisors of MDHHS-contracted private agencies!

Most trainings in this catalog are offered online!

# 2024 Child Welfare In-Service Training

for the Michigan Department of Health and Human Services and MDHHS-Contracted Private Agencies

ALL trainings in this catalog are approved by the MDHHS for in-service training hours

Delivered by Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



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## Schools of Social Work

Andrews University  
Eastern Michigan University  
Ferris State University  
Grand Valley State University  
Madonna University  
Michigan State University  
Northern Michigan University  
Saginaw Valley State University  
Spring Arbor University  
University of Michigan  
Wayne State University  
Western Michigan University

# Introduction

Given the challenges of the work and the importance of the outcomes—the well-being and safety of children and families—a well-trained child welfare workforce is essential. That knowledge acquisition and skill development began in colleges and universities, was focused through pre-service training, and is continued and deepened through in-service training. We are proud to offer these courses for your consideration and participation in your ongoing professional development.

Our mission is clear and important: the schools of social work partnering to provide in-service training that aims to serve Michigan children and families by strengthening the child welfare workforce.

We value:

1. **Anti-racism.** We promote training that advances anti-racist child welfare practice and encourages respect for diversity, equity, and inclusion.
2. **Collaboration.** We value partnerships and working together with the Michigan Department of Health and Human Services (MDHHS), private agencies, and social work education programs.
3. **Quality.** We are committed to high quality, relevant, and up-to-date training topics and teaching methods.
4. **Responsiveness.** We listen to our partners and participants and value feedback to adapt to the training needs of the workforce.
5. **Accessibility.** We want our training to be readily available and affordable across the state of Michigan.

**“Child welfare isn’t rocket science. It is harder.”**

—David Liederman, former director of the  
Child Welfare League of America

We are pleased to present this in-service training catalog—the product of this dynamic partnership between MDHHS and the 12 Michigan graduate social work programs. We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children’s Services Administration leadership team led by Senior Deputy Director Demetrius Starling. A special thanks to the MDHHS training team led by Dr. Stacie Gibson and including Laura Schneider and Meon Stubbs.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge. Each training is approved for social work continuing education credit hours. We encourage all Children’s Protective Services, foster care, adoption, residential care, and prevention services professionals and their supervisors to enroll.

Thank you for your interest and support.

Kalah M. Villagrana, PhD, MSW, MPA, Assistant Professor  
Kadi M. Prout, LMSW, In-Service Project Manager  
Michigan State University School of Social Work

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

# FAQs

**1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.

**2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.

**3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the workforce. Workers should have the opportunity to sit down with their supervisors regularly to assess which trainings would be most beneficial and most relevant to their caseloads so that training progress is pre-planned and helps each worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.

**4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)?** In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.

**5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

**6 Are there any expectations around participation in these training events?** Yes! In-service training is an opportunity to gain knowledge and develop your skills in areas that are relevant to your casework practice and professional growth. As such, it is important to ensure you have the time carved out on your schedule to be fully present at training. We know this is a challenge in your roles, and there are many competing priorities for your time and attention in most effectively serving families, and ask that you think of your time in training as having a positive impact on the families you work with. When you attend live synchronous or virtual trainings, please ensure you have your camera on when feasible to do so, you are prepared to engage with the content and trainers, and actively participate as it will enhance your experience overall. Your learning is the most important use of your time while attending training!

In addition to the in-person training listed in this catalog,  
webinars are offered through several universities.

See pages 23-27.

## Suicide Awareness, Prevention, and Response

**Curriculum:** Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies

**Date/time:** Friday, May 17, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers:  
\$15 for students; \$45 all others

**Presenter:** Dustin Young, DSW, LCSW, MSW



Intermediate skill level

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Increase understanding of the global scope and impact of suicide.
- Identify risk factors and warning signs.
- Facilitate a conversation concerning the suicide risk factors and connecting with community resources.
- Have an increased awareness of community resources available.

**Description:** This training aims to support those who may serve individuals, families, and communities struggling with increased distress and are vulnerable to suicide. This training will not only consider how to identify risk factors and warning signs, facilitating conversations about safety and resourcing, but also what to do should you struggle with your own mental health and safety. Participants will review common risk factors and conversational techniques to assist with seeking safe resources and identifying local and national resources. This training will not equip you to be a crisis mental health responder or mental health expert. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

## Bring the Light: Substance Use Disorders

**Curriculum:** Substance abuse: Sharpening assessment skills, how to recognize signs/symptoms, when to make a referral for SUD services; providing support to families struggling with addiction; how to advocate for families and services to facilitate recovery

**Date/time:** Friday, July 19, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers:  
\$15 for students; \$45 all others

**Presenter:** Samantha Kling, LMSW, CAADC



Beginning skill level

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Implement validated screening tools for SUD and understand warning signs and risk factors for substance use.
- Understand the impact of stigma, trauma, and the social determinants of health on substance use and recovery.
- Increase collaboration with other disciplines to facilitate access to substance use treatment.

**Description:** The overuse of substances impacts all people across gender, age, and socioeconomic status. Over 100,000 Americans suffered a substance use overdose in the last year, and any professional able to refer or support someone in crisis with substance use can have an impact. In order to connect people in need with treatment to improve function and quality of life, a better understanding of substance use disorder, intoxication, and withdrawal is crucial. This training will focus on understanding substance use warning signs, symptoms, and community resources that can support struggling families in Southwest Michigan and implementing support without stigma. This training will utilize role playing, exercises, large group discussion, and visual displays.

**How to register:** Go to [www.andrews.edu/cas/socialwork/continuing](http://www.andrews.edu/cas/socialwork/continuing) and click on the link provided.

**Contact:** Panankosi Mbunjwa Email: [panambunjwa@yahoo.com](mailto:panambunjwa@yahoo.com) Phone: 808-987-8119

**Website:** [www.andrews.edu/socialwork/continuing](http://www.andrews.edu/socialwork/continuing); click on the link provided

## Using the Screening, Brief Intervention, and Referral to Treatment (SBIRT) Model in Child Welfare

**Curriculum:** Preservation: Using evidence-based services in the home (motivational interviewing, multisystemic therapy, parent-child interaction therapy, etc.)

**Date/time:** Friday, March 15, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0031

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Hailee Lauritzen DHSc, MSW, LSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Articulate the rationale behind SBIRT and the role that substance abuse prevention plays in child welfare.
- Demonstrate best practices in the implementation of a brief interview using motivational interviewing.
- Identify principles for dealing with resistance in clients and how the use of motivational interviewing can help break the barrier of ambivalence.
- Recognize the importance of diversity, equity and inclusion (DEI) in the brief intervention process.

**Description:** SBIRT is an evidence-based, comprehensive screening and intervention approach to deliver early intervention and quickly identify the level of risk for substance use. This prevention effort is intended to provide brief intervention that focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change. The use of motivational interviewing is an evidence-based approach to working with clients who are ambivalent about change. Clients in child welfare settings can often be resistant to change and require partnerships between them and child welfare workers. This training will help child welfare workers understand the benefits of the SBIRT model, use of a brief intervention using motivational interviewing, and use of those skills to help motivate change in resistive clients. This training will utilize role playing, exercises, small and large group discussion, and visual displays.

## Addiction 101: What I Should Know About Substance Use

**Curriculum:** Substance abuse: Sharpening assessment skills, how to recognize signs/symptoms, when to make a referral for SUD services

**Date/time:** Tuesday, April 9, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0031

**Cost:** Free to all MDHHS and private agency child welfare workers; \$50 all others

**Presenter:** Kristal Reyes, LMSW, MPH, CAADC, CCS



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define and understand the biopsychosocial aspects of addiction and how to provide a brief assessment.
- Identify common signs and symptoms of addiction in individuals and understand how the disease of addiction manifests itself in the lives of children and families.
- Understand how to initiate conversations about addiction and recovery services, provide support, and identify resources for families that have been touched by addiction.

**Description:** This training uses lectures, interactive discussions, and practical case studies to educate participants on the history of drugs, addiction, and the racial disparities that exist in our community. Additionally, this training will discuss SBIRT, an early intervention process that provides practical skills for addressing addiction within the scope of working with children and families. Participants will gain an understanding of the effects of each substance and will be given the opportunity to apply this knowledge to real-life practical cases involving children and families. Along with gaining insight into the disease of addiction, the crucial role that we play in access to treatment and the racial disparities that exist will be emphasized. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:** March 15: Using the SBIRT Model: <https://forms.gle/YRdPvdBZYsf5jrbdA>

April 9: Addiction 101: <https://forms.gle/jW2VklW8798xgSr39>

Phone: 734-487-4429

Email: [emu\\_socialworkce@emich.edu](mailto:emu_socialworkce@emich.edu)

## STOP, LOOK, and LISTEN...Knowing (and Re-knowing) Yourself

**Curriculum:** Antiracism: Theory and/or practice (whether political or personal) that seeks to challenge, reduce, or eliminate manifestations of racism in society



**Date/time:** Wednesday, March 13, 2024 • Program 8:45 AM – 12:00 PM (ET)  
**Location:** GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504  
**Social Work CECHs:** 3 hours • Approval #MICEC-0004  
**Cost:** Free to all MDHHS and private agency child welfare workers; \$49 all others  
**Presenter:** Lois S. Owens, MSW

Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize that we are all biased, consciously and unconsciously.
- Explain how poverty of the mind may be more damaging than poverty of the pocket.
- Understand how systemic discrimination is matched by systemic privilege, which results in suppression of knowledge about systemic oppression and its impact on human behavior.

**Description:** Through awareness, interaction, and reflection, participants will learn to assess, shape, and gather information about self and others that will lead to ensuring an empathetic and understanding workplace. Participants will engage in interactive exercises and discussion employing anti-racism and implicit bias systems in order to gain greater understanding of self and others. Such training is directed toward better and more effective employees. This training will cover forms of bias and micro-aggressions that can assist employees to recognize and understand that biases may lead to poor decision-making in the workplace or when engaging with clients. Research confirms that everyone has unconscious biases, which if left unchecked, can lead to unfair or discriminatory behavior with negative consequences for others. This training requires a "willingness to cross the border from what we know to what we need to know, and to open ourselves to the limitations of our own perspectives and the need for those of others." This training will utilize exercises, small and large group discussion, and visual displays.

## Seeing Systems Through a Native American Lens

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge



**Date/time:** Friday, May 10, 2024 • Program 8:45 AM – 12:00 PM (ET)  
**Location:** GVSU Pew Campus, 201 Front Avenue SW, Grand Rapids, MI 49504  
**Social Work CECHs:** 3 hours • Approval #MICEC-0004  
**Cost:** Free to all MDHHS and private agency child welfare workers; \$49 all others  
**Presenter:** Jonathan Rinehart, LMSW, CTRP-C, ADS

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify at least one historical policy that may have led Native Americans to mistrust systems.
- Identify three culturally informed strategies to build a therapeutic alliance.
- Understand how empathy can help bridge the gap between agents working for systems and advocates for clients.

**Description:** Native Americans historically have not had positive experiences with systems. Working with Natives effectively requires leveraging empathy to build relationships with Native American individuals, families, and communities. In this training, participants will become aware of historical policies that may have led Native Americans to mistrust systems. Awareness is the first step to increasing empathy. Empathy will empower participants by bridging the gap between agents working for systems and advocates for clients. This training will utilize small and large group discussion and visual displays.

**How to register:** Visit [www.gvsu.edu/swce](http://www.gvsu.edu/swce)

Contact: Lauren Fodor

Phone: 616-331-7180

Email: [learn@gvsu.edu](mailto:learn@gvsu.edu)

## Understanding and Supporting Grandparents as Caregivers

**Curriculum:** Placement: Relatives/grandparents as caregivers



**Date/time:** Friday, April 26, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$45 all others

**Presenter:** Irena J. Glover, PhD, LMSW

**Beginning, intermediate, and advanced skill levels**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Discuss the unique challenges associated with grandparents serving as caregivers.
- Explore the multi-dimensional needs of grandparent caregivers.
- Identify practical strategies to support both youth and grandparents.

**Description:** Grandparents serving as caregivers for their grandchildren encounter various challenges related to their emotional and physical health as well as their financial and social status. While many voluntarily assume the role to prevent their grandchildren from going into foster homes, it still takes a toll on a time in their lives when they thought they were done with childrearing. This training will explore the challenges caregiving grandparents face and ways that can support them in their new role. This training will utilize exercises, small and large group discussion, and visual displays.

## Evidence Informed Practices in Permanency Planning

**Curriculum:** Permanency: Assessment of a pre-adoptive family for permanence



**Date/time:** Thursday, May 16, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$45 all others

**Presenter:** Janice King, LMSW

**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Discuss effective assessment of pre-adoptive families.
- Explore the challenges within the child welfare system and society at large in permanency.
- Address the issues of children exposed to harm and trauma entering permanency.

**Description:** This is the first of two trainings dedicated to permanency. This training will explore the current literature and evidence-informed practices for permanency planning. In addition, we will review assessment approaches that support families in the pre-adoptive experience. We will explore the impact of trauma on children and youth who are transitioning to permanency. This training will utilize small and large group discussion and visual displays.



## Understanding Cultural Humility

**Curriculum:** Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

**Date/time:** **Wednesday, June 12, 2024 • 9:00 AM – 12:15 PM (ET)**

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$45 all others

**Presenter:** **Irena J. Glover, PhD, LMSW**



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Examine differences between cultural diversity, cultural competence, and cultural humility.
- Discuss the principles of cultural humility.
- Explore ways to engage children and families in learning about their cultural heritage.

**Description:** Practice has shifted from the idea of cultural diversity and cultural competence to a more inclusive framework of cultural humility. This framework is integral in acknowledging and appreciating cultural differences. Through this training, attendees will gain an understanding of the principles of cultural humility, how it differs from previous models, and how it can be used in working with children and families through child welfare service delivery. This training will utilize small group discussion and visual displays.

## Challenges and Opportunities in Maintaining Post-adoption Placements

**Curriculum:** Permanency: Post-adopt services and strategies for avoiding disruption and dissolution

**Date/time:** **Thursday, June 13, 2024 • 9:00 AM – 12:15 PM (ET)**

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$45 all others

**Presenter:** **Janice King, LMSW**



**Beginning and intermediate skill levels**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Discuss challenges inherent in permanency/post-adoption services.
- Explore opportunities to facilitate successful post-adoption placements.
- Address services to support all members of the adoptive family.

**Description:** This is the second of two trainings dedicated to permanency. We will discuss challenges in maintaining permanency and post-adopt services and strategies that support permanency. Opportunities that facilitate successful post-adoption placements will be explored as well as services that support all members of the adoptive family. This training will utilize small and large group discussion and visual displays.

## Understanding Loss Experienced by Youth in Foster Care

**Curriculum:** Trauma and crisis management: Trauma, grief, and loss

**Date/time:** Friday, July 17, 2024 • 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$45 all others

**Presenter:** Irena J. Glover, PhD, LMSW



**Beginning, intermediate, and advanced skill levels**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define ambiguous loss, symbolic loss, and disenfranchised grief.
- Explore ways in which youth experience loss, grief, and trauma in foster care.
- Understand the psychological and emotional impact of non-death loss.
- Identify strategies to acknowledge and support youth experiencing non-death loss.

**Description:** The losses children and youth in foster care experience is varied and multi-faceted. Loss of family, friends, schools, homes, and what they have come to know as normal present unique challenges for them and for those who work with and support them. This training will explore those non-death losses and the impact on their psychological and emotional well-being. Different types of grief and loss will also be explored and how to distinguish them from losses caused by death. Strategies to support youth who experience loss will be explored. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:** April 26: Understanding and Supporting Grandparents as Caregivers  
<https://www.eventbrite.com/e/understanding-and-supporting-grandparents-as-caregivers-tickets-793956714907>

May 16: Evidence Informed Practices in Permanency Planning  
<https://www.eventbrite.com/e/evidence-informed-practices-in-permanency-planning-tickets-761343196997>

June 12: Understanding Cultural Humility  
<https://www.eventbrite.com/e/understanding-cultural-humility-tickets-793966273497>

June 13: Challenges and Opportunities in Maintaining Post-adoption Placements  
<https://www.eventbrite.com/e/challenges-and-opportunities-in-post-adoption-permanency-planning-tickets-761381942887>

July 17: Understanding Loss Experienced by Youth in Foster Care  
<https://www.eventbrite.com/e/understanding-loss-experienced-by-youth-in-foster-care-tickets-478923251337>

Contact: Irena Glover  
Email: [iglover@madonna.edu](mailto:iglover@madonna.edu)



## Understanding Stress and Trauma: The Brain-Body Connection

**Curriculum:** Trauma and crisis management

**Date/time:** **Thursday, March 7, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers;  
all others check online for pricing

**Presenter:** **Ginny Witte, PhD**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Explain the stress response and why it is not trauma.
- Explain what learned helplessness is and how to overcome it.
- Explain stresses that may be experienced by individuals of differing cultures, backgrounds, genders, abilities, and age.

**Description:** Have you ever wondered what is happening in the body when you are under stress or have stored trauma? Join us to follow the physiological and biological journey through our nervous system to learn how to use the stress response to power you or your students forward instead of being left in an anxiety-ridden panic state. This process begins with the startle response, but it can end with empowerment and strength. Join us to learn how we and our students can travel the path to strength and use the stress response to accomplish our goals in life. We will review—but attendees should have some understanding of—the three basic states of the nervous system. This training will utilize large group discussion and visual displays.

## Secondary Trauma and Self-care

**Curriculum:** Secondary trauma

**Date/time:** **Wednesday, April 3, 2024** • Program 10:00 AM – 12:00 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 2 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers;  
all others check online for pricing

**Presenter:** **Amanda Dubey-Zerka, LMSW**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify the effects of trauma exposure for clients and helping professionals.
- Apply concrete mindfulness strategies to support healing of the brain, mind, and body, which promotes a sense of well-being.
- Describe various intervention models that support mindfulness and resilience.

**Description:** Secondary traumatic stress occurs because of exposure to the traumatic experiences of others. Professionals and other caregivers who are exposed to secondary traumatic stress can develop symptoms similar to post-traumatic stress disorder. This exposure results in adverse effects on the mind, brain, and body. In this training, you will learn about these adverse effects from a physical and emotional perspective. You will discuss concrete intervention models and strategies that promote reduced anxiety and a sense of well-being for both the client and the helper. You will also learn mindfulness techniques and the importance of self-compassion. This training will utilize small and large group discussion and visual displays.



## Relationships and Health Equity

**Curriculum:** Cultural humility/cultural competence

**Date/time:** **Thursday, April 4, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** **Vanessa Fry, MPH**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the importance of relationships in our spaces and places.
- Describe factors that support and hinder relationship building.
- Utilize trust building inventory to assess areas of success and growth in current relationships.

**Description:** Relationships are crucial to our health and well-being. In this training, participants will explore relationships and why they are important in our equity work. Participants will have the opportunity to reflect on what supports and hinders relationships and relationship building. Additionally, participants will explore the concept of trust and how to increase trust in current and future relationships. This training will utilize exercises, small and large group discussion, and visual displays.

## Human Trafficking for Child Welfare Professionals

**Curriculum:** Trauma and crisis management

**Date/time:** **Thursday, April 18, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** **Elizabeth Campbell, JD**



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define human trafficking and deconstruct myths regarding human trafficking.
- Assess for human trafficking and better understand risk factors for youth.
- Identify Michigan laws as well as MDHHS policy and procedures related to child victims of trafficking.
- Connect youth with important resources and understand legal remedies.

**Description:** Human trafficking involves exploiting an individual to obtain labor or services, often through the use of force, fraud, or coercion. In this training, you will learn precisely what human trafficking is (and what it is not) and how to identify it. In particular, you will learn how human trafficking impacts youth as well as specific considerations when working with minors who have experienced exploitation. The discussion will include how to assess for human trafficking, MDHHS policies and procedures regarding child victims of human trafficking, specific Michigan laws related to trafficking of minors, and important immigration considerations. This training will utilize small and large group discussion and visual displays.



## Accepting and Affirming the LGBTQ+ Community

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Thursday, May 9, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Vanessa Fry, MPH



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Review foundational terminology related to the LGBTQ+ population.
- Identify importance of acceptance of the LGBTQ+ community.
- Develop strategies and skills to provide affirming care to LGBTQ+ clients.

**Description:** This training will go beyond LGBTQ+ terminology and will discuss accepting and affirming LGBTQ+ individuals. Reflection, dialogue, and interactive activities will be used to explore what it looks like to be a supportive person to the LGBTQ+ community. Participants will gain skills on how to be accepting and affirming in their work spaces and explore why this is important. This training will utilize exercises, small and large group discussion, and visual displays.

## Racial Equity in the Workplace

**Curriculum:** Anti-racism

**Date/time:** Thursday, May 16, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers; all others check online for pricing

**Presenter:** Gary T. Taylor, LCSW, MSW



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define anti-blackness and its impact in the workplace.
- Gain a better understanding of the black experience in America and how it impacts work performance.
- Create a starting point to equity initiatives in the workplace and practice cultural humility.

**Description:** This training will offer a comprehensive exploration of racial equity within the workplace, providing participants with the knowledge and tools necessary to foster an inclusive and equitable environment. Through a combination of interactive discussions, case studies, and practical exercises, participants will gain a deep understanding of the impact of racial disparities and systemic racism on individuals and organizations. This training will utilize large group discussion and visual displays.



## Placing a Child Transracially

**Curriculum:** Cultural humility/cultural competence

**Date/time:** Monday, June 17, 2024 • Program 12:00 PM – 3:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0001

**Cost:** Free to all MDHHS and private agency child welfare workers;  
all others check online for pricing

**Presenter:** Kelley Hollie, MSW



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize and articulate an understanding of what a transracial placement is.
- Explore various strategies to support and inform clients on issues related to transracial adoption.
- Identify resources to support additional learning for themselves and their clients.

**Description:** In this training, participants will explore why transracial placements are sometimes necessary and things adoptive families or foster families should be aware of in respect to race and culture. Participants will be given tips and strategies to better support families navigating a transracial placement. Participants will also be connected with resources to support their learning and the learning of their clients. This training will utilize large group discussion and visual displays.



**How to register for online training:** <https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>

**Contact:** Gina Tremonti Gembel, MSW

**Phone:** 517-353-3060

**Email:** swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2024, renewed annually.



## Skill Building: Working with Trauma, Grief, and Loss with Children and Families

**Curriculum:** Trauma and crisis management

**Date/time:** Thursday, April 25, 2024 • Program 10:00 AM – 1:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0044

**Cost:** Free to all MDHHS and private agency child welfare workers; free for students; \$40 all others

**Presenters:** **Caroline Cheng, PhD, MSW**  
**Traci Baxendale Ball, LMSW, CAADC**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify and assess the needs of children and families who have experienced grief, loss, and trauma.
- Utilize effective interventions and strategies for working with children and families who have experienced grief, loss, and trauma.
- Develop skills in creating a supportive and trauma-informed environment for children and families.

**Description:** This training is designed to provide child welfare workers and social workers with the tools and strategies needed to work with children and families who have experienced trauma, grief, and loss. Through this training, participants will gain a better understanding of the impacts of grief and loss on the populations they serve and learn how to incorporate support services and interventions into their work with families who experienced ongoing trauma in life. More importantly, participants will advocate for a trauma-informed care approach in their workplace to better serve the people in their agencies and communities. This training will utilize exercises, small and large group discussion, and visual displays.

## Staff Retention: Burnout Prevention and Stress Management

**Curriculum:** Secondary trauma

**Date/time:** Thursday, September 12, 2024

Program 10:00 AM – 1:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval #MICEC-0044

**Cost:** Free to all MDHHS and private agency child welfare workers; free for students; \$40 all others

**Presenters:** **Caroline Cheng, PhD, MSW; Vikash Kumar, PhD, MSW**



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Define burnout and stress and recognize the common signs and symptoms of these conditions in themselves and colleagues.
- Identify their personal strengths and resources that can help them cope with stress and maintain resilience. They will practice a variety of self-care strategies such as mindfulness and relaxation techniques.
- Understand the impact of organizational culture and policies on staff retention and burnout. Also, they will be able to develop strategies for advocating for organizational changes that promote staff retention such as increased supervision, flexible work arrangements, and employee recognition programs.

**Description:** This training is designed to equip social workers with the knowledge, skills, and strategies they need to prevent and manage burnout and stress, enhance their personal resilience, and promote a more supportive and positive work environment. Participants will be able to recognize the signs, symptoms, and contributing factors of burnout and stress. In addition, participants will have the opportunity to build self-awareness, develop effective coping mechanisms, and practice self-care strategies. Lastly, participants will engage in identifying organizational practices that contribute to burnout and stress, developing strategies for advocating for positive change, and promoting staff retention. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:** <https://nmu.edu/continuingeducation/education>

**Contact:** Megan Nowicki

**Email:** mewales@nmu.edu

## Navigating the Education System with Children Who Have Experienced Trauma

**Curriculum:** Education: Navigating the education system with children who have experienced trauma

**Date/time:** **Monday, May 20, 2024** • Program 8:30 AM – 11:45 AM (ET)

**Location:** **SVSU Campus, room # issued to registrants**

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers

**Presenter:** **Kathleen Woehrle, PhD, LMSW**



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Recognize differences among and patterns within trauma experiences (i.e., trauma, repeated trauma, transgenerational and institutional trauma) of children.
- Study evidence of trauma in the mind-body connection: neuroscience studies of trauma impact on the developmental patterns of attachment and self-regulation.
- Recognize signs and symptoms of trauma impact in the K-12 classroom and implement strategies to address them.

**Description:** This training will begin with an orientation to trauma, focused on the trauma experience rather than the abuse or neglect that was a catalyst. Research will be presented that describes differences among and patterns within trauma experiences, including trauma, repeated trauma, transgenerational and institutional trauma. Participants will reflect on their observations of trauma in a small group activity. Looking specifically at the neuroscience, we will consider how trauma alters typical brain and nervous system development, impeding skills of attachment and self-regulation. In small groups, participants will consider the implications of this effect on a child's readiness to learn. Given these findings, we will then consider the implications for the school experience as trauma impacts a child's school performance, including learning, academic achievement, identity, and social skills. We will conclude with a case study and large group report out of strategies to ameliorate these impacts and support resilience. This training will utilize role playing, small and large group discussion, and visual displays.

## Embracing Cultural Humility in Practice

**Curriculum:** Cultural humility/cultural competence: Cross-cultural knowledge; understanding one's personal values and beliefs and their relationship to cultural identity and practice

**Date/time:** **Tuesday, August 13, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **SVSU Campus, room # issued to registrants**

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers

**Presenter:** **Ashley Sanders, EdD, LMSW**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe the concept of cultural humility.
- Explore the relevance of cultural humility in practice.
- Explore practical strategies for the application of cultural humility in practice.

**Description:** In an increasingly diverse world, practitioners in health and human services play a vital role in addressing the needs of individuals and communities from various cultural backgrounds. This training is designed to empower social workers with the knowledge, skills, and attitudes necessary to navigate the complex dynamics of cultural diversity. By fostering cultural humility, participants will learn to provide more effective, ethical, and client-centered services while promoting inclusivity and respectful teamwork. This training will utilize exercises, small and large group discussion, and visual displays.

**How to register:**

Email Diane Knights at [djknight@svsu.edu](mailto:djknight@svsu.edu) with training title, your name, email address, and license number if you want to receive CEs.



## Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children’s Services

**Curriculum:** Trauma and crisis management; Effects of abuse and neglect on children; minimizing trauma for children during the removal and placement process; trauma, grief, and loss



**Date/time:** Friday, April 26, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Jennifer Wolfe, MSW, LISW-S

Intermediate skill level

- ✓ Family Preservation Workers
- ✓ Children’s Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the effects of abuse and neglect on children’s mental, emotional, and physical well-being.
- Implement ways to minimize trauma for children during the child welfare removal and placement process.
- Understand the connection between trauma, grief, and loss as it relates to attachment.

**Description:** This training will build upon foundational knowledge of trauma-informed care, including the Adverse Childhood Experiences study. Participants will learn specific ways that trauma affects the brain while it is still growing. Attachment theory will be utilized to illustrate and illuminate the impact of trauma. The connection between trauma, grief, and loss will be shared. Attendees will learn ways to minimize the trauma of removing a child from their home as well as during the placement process. This training will utilize exercises and small and large group discussions.

## From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health

**Curriculum:** Mental and behavioral health: Infant mental health—importance of bonding/attachment; suicide prevention and how to coach foster parents on prevention strategies; understanding emotional and mental health concerns of youth



**Date/time:** Wednesday, May 1, 2024 • Program 9:00 AM – 12:15 PM (ET)

**Location:** Live synchronous training via Zoom

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** Rebecca Rozema, LMSW-Clinical (MI), LCSW (GA), LICSW (MN)

Beginning skill level

- Target audience:**
- ✓ Family Preservation Workers
  - ✓ Children’s Protective Services Workers
  - ✓ Foster Care Workers
  - ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Describe long-term impacts of secure and insecure infant attachment cycles.
- Identify three emotional and mental health needs of youth.
- Verbalize two suicide prevention strategies.

**Description:** In the area of child welfare, youth who are being served often have significant mental health and behavioral difficulties that can be overwhelming for the youth and the families caring for them. At times, these difficulties may lead youth to have thoughts of suicide. Understanding these difficulties, potential causes, and support options can help families be successful. This training is meant to help workers understand how early attachment patterns can impact individuals throughout their lifetime, recognize the emotional and mental health needs of youth, and identify suicide risk factors. Prevention strategies and treatment options will also be explored. This training will include hands-on activities and exercises that help the worker to understand concepts being taught and will utilize small and large group discussion.

## Transforming Trauma: Strategies for Family Resilience

**Curriculum:** Mental and behavioral health: Understanding emotional and mental health concerns of youth; working with parents coping with mental illness

**Date/time:** **Monday, August 12, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval pending

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** **Tracy Boatman, LMSW, CCTP**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Assess the unique needs of youth in care and develop strategies for early intervention and support.
- Understand the challenges that parents with mental illness face within the child welfare system.
- Foster a supportive and empowering environment that encourages resilience and positive outcomes for vulnerable populations in Children's Protective Services (CPS) and foster care.

**Description:** This comprehensive training is designed for child welfare staff, equipping them with essential knowledge and skills to effectively understand and address common emotional and mental health concerns in youth impacted by trauma. This training will help distinguish between typical developmental challenges and indications of a more significant emotional or mental health concern. Additionally, it will provide strategies for working with parents who are coping with mental illness in the context of CPS and foster care. Participants will gain a deep understanding of the challenges these vulnerable populations face and trauma-informed care principles and will be prepared to provide crucial support and resources. A strengths-based approach will focus on strengthening communication skills and building trust and rapport with youth and their families. This training will utilize exercises, games, small and large group discussion, and visual displays.

**How to register:** **April 26: Understanding Their Trauma**  
<https://www.eventbrite.com/e/understanding-their-trauma-tickets-780441590807>

**May 1: From Infancy to Adulthood**  
<https://www.eventbrite.com/e/from-infancy-to-adulthood-tickets-772427380087?aff=oddtcreator>

**August 12: Transforming Trauma**  
<https://www.eventbrite.com/e/transforming-trauma-tickets-772435253637?aff=oddtcreator>

**Questions:** Contact Emily Dixon, LMSW  
**Phone:** 616-558-9618  
**Email:** edixon@arbor.edu

## Intergenerational Life Course Perspectives on Risk and Protective Factors of Child Abuse and Violence

**Curriculum:** Trauma and crisis management: Effects of abuse and neglect on children

**Date/time:** **Friday, May 3, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approved

**Cost:** Free to all MDHHS and private agency child welfare workers; \$65 all others

**Presenter:** **Monica Sampson, LMSW**



**Intermediate skill level**

**Target audience:**

- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

**Training objectives:** As a result of this training, participants will be prepared to:

- Identify and critically analyze risk and protective factors across generations, including socioeconomic, familial, and cultural determinants.
- Design and implement culturally sensitive intervention strategies that prioritize the safety and well-being of children while respecting the rights and dignity of families.
- Develop a personal and professional commitment to change, advocating for policy improvements, community engagement, and the prevention of child abuse and violence across generations.

**Description:** This comprehensive training will delve into the intricate dynamics of child abuse and various forms of violence through an intergenerational life course lens. Participants will gain a deep understanding of the multifaceted factors that contribute to these issues, along with effective assessment and intervention strategies for child welfare workers. With a strong commitment to creating positive change, this training will equip learners with the knowledge and tools to make a lasting impact on the lives of vulnerable children and families. This training will utilize small and large group discussion and visual displays.

**How to register:** Visit [ssw.umich.edu/r/CEcatalog](https://ssw.umich.edu/r/CEcatalog)

**Contact:** Alia Wesala, LMSW

**Email:** [ssw.conted@umich.edu](mailto:ssw.conted@umich.edu)

**Phone:** 734-763-5723



## Self-care Strategies for Child Welfare Workers

**Curriculum:** Secondary trauma: Self-care for workers

**Date/time:** **Thursday, April 4, 2024** • Program 1:00 PM – 4:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hour • Approval #MICEC-0058

**Cost:** Free to all MDHHS and private agency child welfare workers;  
\$15 students; \$45 all others

**Presenter:** **Kristen Carney, LMSW**



**Beginning skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Expand their knowledge and application of self-care in social service.
- Utilize multiple self-care strategies to address burnout and compassion fatigue.
- Engage in mindfulness and relational skills that can be used for both personal and professional practice.

**Description:** Due to the stress and demands in child welfare work, caseworkers and social work professionals are susceptible to experiencing burnout, compassion fatigue, and secondary traumatic stress. In this training, the presenter will define self-care and discuss the need for self-care tools in various levels of practice and social justice work. Participants will learn about the benefits of self-care such as mindfulness and meaningful connection and have an opportunity to practice foundational somatic skills for responding to distress with curiosity, compassion, and presence. This training will utilize exercises, small and large group discussion, and visual displays.

## Navigating Higher Education Resources for Youth from Foster Care

**Curriculum:** Educational opportunities: Navigating higher education with youth

**Date/time:** **Tuesday, May 7, 2024** • Program 1:00 PM – 4:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hour • Approval #MICEC-0058

**Cost:** Free to all MDHHS and private agency child welfare workers;  
\$15 students; \$45 all others

**Presenters:** **Marla M. Garmo, LMSW**  
**Karie Ward, MSW**



**Intermediate skill level**

**Target audience:**

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Demonstrate understanding of available post-secondary education resources for students with experience in foster care.
- Demonstrate an ability to effectively communicate these resources to youth who are involved in the child welfare system.
- Demonstrate the skills necessary to access and navigate these resources, including the application process and beyond.

**Description:** Presenters will share information and best practices for accessing higher education resources dedicated to youth who have experienced foster care. This training will cover the historical issues that have led to lower graduation rates, the supports and scholarships available to students in Michigan, and how to access those services. This training will utilize large group discussion and visual displays.



WAYNE STATE  
School of Social Work

## Trauma, Grief, and Loss

**Curriculum:** Trauma and crisis management

**Date/time:** **Wednesday, September 25, 2024**

Program 1:00 PM – 4:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Approval #MICEC-0058

**Cost:** Free to all MDHHS and private agency child welfare workers;  
\$15 students; \$45 all others

**Presenters:** **Nancy Keller-MacKinnon, LMSW**  
**Haley K. Scott, LLMSW**



**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the various components of grief and loss.
- Understand the impact of sudden loss and violent deaths.
- Identify the ways in which culture and religion can impact grief.

**Description:** This training will provide an overview of key theoretical and practical approaches to grief and loss. Participants will also understand the impact of sudden loss and violent deaths and how to support families during a loss while they also conduct a thorough investigation. This training will also examine symptoms and types and misconceptions of grief and explore the various components of trauma, grief, and loss. It will help participants identify how grief can affect an individual in a myriad of ways (emotional, behavioral, cognitive, physical, and spiritual) and also explore the importance of a self-care approach. This training will utilize exercises, small group discussion, and visual displays.



WAYNE STATE  
School of Social Work

**How to register:** **April 4: Self-care Strategies**  
<https://events.wayne.edu/2024/04/04/self-care-strategies-for-child-welfare-workers-98157/>

**May 7: Navigating Higher Education**  
[https://events.wayne.edu/2024/05/07/navigating-higher-education-resources-for-youth-from-foster-care-98136/?\\_gl=1\\*s58s8a\\*\\_ga\\*MTlyMzEyMzg5MC4xNzAxNDQyODk2\\*\\_ga\\_ZYEBRZJFL1\\*MTcwMjQwNDIwMC4zMi4xLjE3MDIOMDKxOTMuMC4wLjA](https://events.wayne.edu/2024/05/07/navigating-higher-education-resources-for-youth-from-foster-care-98136/?_gl=1*s58s8a*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDIOMDKxOTMuMC4wLjA)

**September 25: Trauma Grief and Loss**  
[https://events.wayne.edu/2024/09/25/trauma-grief-and-loss-98137/?\\_gl=1\\*23yf7s\\*\\_ga\\*MTlyMzEyMzg5MC4xNzAxNDQyODk2\\*\\_ga\\_ZYEBRZJFL1\\*MTcwMjQwNDIwMC4zMi4xLjE3MDIOMTAWMjcuMC4wLjA](https://events.wayne.edu/2024/09/25/trauma-grief-and-loss-98137/?_gl=1*23yf7s*_ga*MTlyMzEyMzg5MC4xNzAxNDQyODk2*_ga_ZYEBRZJFL1*MTcwMjQwNDIwMC4zMi4xLjE3MDIOMTAWMjcuMC4wLjA)

**Contact:** Shantalea Johns, EdD, LMSW  
**Email:** shantalea@wayne.edu  
**Phone:** 313-577-4463  
**Website:** <https://socialwork.wayne.edu/ce>

## Enhancing Social-Emotional Skills and Psychosomatic Interventions for Children in Social Work Practice

**Curriculum:** Mental and behavioral health



**Date/time:** **Friday, March 15, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Pending approval

**Cost:** Free to all MDHHS and private agency child welfare workers; \$75 all others

**Presenter:** **Anyssa Grendel, MSW**

**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand the foundations of social-emotional development.
- Assess and identify social-emotional challenges.
- Implement evidence-based interventions.

**Description:** This training is designed for social work professionals seeking to deepen their understanding and enhance their skills in addressing the social-emotional well-being of children. Participants will explore the theoretical foundations of social-emotional development and gain practical insights into implementing psychosomatic interventions within the context of social work practice and advocacy efforts for addressing systemic barriers to social-emotional competence and promoting equitable access to social-emotional resources. The training will cover a range of evidence-based strategies and interventions to promote emotional resilience, social competence, and overall mental health in children. This training aims to equip social work professionals with the knowledge and skills needed to enhance their practice in supporting the social-emotional development of children through psychosomatic interventions. Participants will engage in interactive discussions, case studies, and practical exercises to apply the concepts learned in real-world scenarios.

## Enhancing Clinical Skills for Strengthening Clients' Internal Attachment Management in Social Work Practice

**Curriculum:** Mental and behavioral health



**Date/time:** **Friday, May 17, 2024** • Program 9:00 AM – 12:15 PM (ET)

**Location:** **Live synchronous training via Zoom**

**Social Work CECHs:** 3 hours • Pending approval

**Cost:** Free to all MDHHS and private agency child welfare workers; \$75 all others

**Presenter:** **Anyssa Grendel, MSW**

**Intermediate skill level**

**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

**Training objectives:** As a result of this training, participants will be prepared to:

- Understand attachment theory and assess attachment styles.
- Utilize intervention strategies for attachment enhancement.
- Understand trauma-informed generational attachment patterns.

**Description:** This advanced training is tailored for social work professionals aiming to elevate their clinical skills in the realm of attachment theory. We will delve into the intricacies of attachment and focus on strategies to strengthen clients' internal management systems, fostering healthier and more secure connections within family dynamics. Through a combination of theoretical exploration, case studies, and practical applications, participants will gain the expertise needed to facilitate positive changes in clients' attachment patterns and contribute to their overall well-being. Reflective practices to challenge our own bias or assumptions, continuous reflection of cultural influences, exploration of intersecting identities such as race and gender impact attachment experiences. This training aims to empower social work professionals with advanced clinical skills, enabling them to navigate and enhance clients' internal management systems of attachment. Participants will engage in practical exercises, role-playing scenarios, and reflective discussions to integrate these skills into their professional practice effectively.

**How to register:** <https://wmich.edu/hhs/academics/ce>

**Contact:** Nancy Cretsinger  
**Phone:** 269-387-3680

**Email:** [nancy.cretsinger@wmich.edu](mailto:nancy.cretsinger@wmich.edu)

# Webinars

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

**Beginning and intermediate skill levels**  
**Target audience:**

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

## Introduction to Forensic Interviewing

**Date/time:** Friday, March 8, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** Julie Knop, MSW, MFI

Director, Child Abuse Training Unit, Prosecuting Attorneys Association of Michigan

**Host:** Michigan State University • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** In this webinar, you will be introduced to the State of Michigan Forensic Interviewing Protocol. You will learn about the state policy that governs the Forensic Interviewing Protocol. You will learn about the history of the protocol, when the protocol is used, linguistics in relation to the protocol, as well as a brief review of the eight Forensic Interview Protocol phases. In addition, you will have the opportunity to gain skills that you can use in practice. This webinar will utilize exercises, large group discussion, and visual displays.

## Infant Mental Health

**Date/time:** Monday, March 18, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** Ginny Witte, PhD, MA, BA

Speaker/trainer in the area of trauma, trauma coach, and educator

**Host:** Michigan State University • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** The first year of life is a time of rapid development. It is a time when infants learn to both express and navigate their emotions and relationships and develop healthy attachments. Let's discover the exciting changes during this time of life and how we can nurture their mental health by fostering strong and healthy nervous systems and recognize when infants might be struggling. This webinar will utilize large group discussion and visual displays.

# Webinars

## Strategies to Prevent Burnout and Manage Stress

**Date/time:** Friday, March 22, 2024 • Program 9:00 AM – 10:00 AM (ET)

**Social Work CECHs:** 1 hour • Approval pending

**Presenter:** Irena Glover, PhD, LMSW

Chair, Social Work Department and MSW Program Director, Madonna University

**Host:** Madonna University • Register at this link:

<https://www.eventbrite.com/e/preventing-burnout-and-managing-stress-tickets-793880366547>



**Beginning, intermediate, and advanced skill levels**

**Description:** Preventing burnout and managing stress can seem easier said than done. While we all strive for these ideas, our lives, caseloads, and daily demands often work against us achieving balance. This webinar will offer practical ways to incorporate self-care strategies into our daily lives. Information will also be shared on ways to ensure that you maintain focus on taking care of your needs in order to meet the needs of children and families. This webinar will utilize exercises, small and large group discussion, and visual displays.

## Surviving the Moments: Suicide Awareness and Prevention

**Date/time:** Friday, March 22, 2024 • Program 12:00 PM – 1:15 PM (ET)

**Social Work CECHs:** 1 hour • Approval #MICEC-0001

**Presenter:** Christopher Harris, PC

CEO of CCHARRIS Professional Counseling Services

**Host:** Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Surviving the Moments is a suicide awareness and prevention initiative within the CCCH Approach. This webinar will support attendees' increased understanding and awareness of the origin and impact of suicidology in contemporary America. Attendees will also learn and apply an empirically based suicide risk assessment scale to support diagnosis and best practices for person-centered interventions for individuals and families impacted by the reality of suicide. This webinar will utilize large group discussion and visual displays.

## Trauma Rectification and Crisis Management in Health and Human Services

**Date/time:** Friday, April 5, 2024 • Program 12:00 PM – 1:15 PM (ET)

**Social Work CECHs:** 1 hour • Approval #MICEC-0001

**Presenter:** Christopher Harris, PC

CEO of CCHARRIS Professional Counseling Services

**Host:** Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Trauma Rectification Therapy and Crisis Management focuses on providing insight into the origin and impact of incidents of trauma and crisis across the lifespan of human development. Attendees will learn assessments and interventions to support the reduction of duration and intensity states of crisis. This webinar will also introduce the Trauma Rectification Therapy approach designed to reduce and eliminate self-defeating and danger-inducing trauma responses. This webinar will utilize large group discussion and visual displays.



# Webinars

## Effect of Abuse and Neglect on Children

**Date/time:** Friday, April 12, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** **Ginny Witte, PhD, MA, BA**  
Speaker/trainer in the area of trauma, trauma coach, and educator  
**Host:** **Michigan State University** • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning and intermediate skill levels**

**Description:** Child abuse and neglect affects one in seven children and has long lasting social, emotional, cognitive, and biological effects. In this webinar, we will look at the effects upon children's ability to self-regulate. Healthy self-regulation is linked to several life outcomes, including biology and health, relationships throughout life, cognitive function, and behavior. We will examine the problem, the development of, and some of the tools we can use to support the development of healthy self-regulation in this population. This webinar will utilize large group discussion and visual displays.

## Compassion Fatigue and How to Recognize It

**Date/time:** Friday, May 3, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** **Ginny Witte, PhD, MA, BA**  
Speaker/trainer in the area of trauma, trauma coach, and educator  
**Host:** **Michigan State University** • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** You can overcome compassion fatigue. Compassion fatigue is both a stress and a burnout. Together we will explore the symptoms, the changes in our nervous system, and how we can be strong and resilient professionals. This webinar will utilize large group discussion and visual displays.

## Understanding Social Identity and Implicit Bias in Social Work

**Date/time:** Monday, May 6, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** **Gina Tremonti Gembel, MSW**  
Director of Continuing Education, School of Social Work, Michigan State University  
**Host:** **Michigan State University** • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Social identity is a person's sense of who they are based on their group membership(s), e.g., social class and family status. Groups give us a sense of social identity, a sense of belonging to the social world. Implicit bias is when we have attitudes or stereotypes about groups automatically and unintentionally. In this webinar, we will focus on our own social identities, types of implicit bias, and how both may impact social work practice. Together participants will reflect on how to address these concepts that contribute to a thriving, more connected environment. This webinar will utilize exercises, large group discussion, and visual displays.

# Webinars

## Challenges and Coping Mechanisms for Children Who Experience Abuse and Neglect

**Date/time:** Thursday, May 9, 2024 • Program 10:00 AM – 11:15 AM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0044  
**Presenter:** **Caroline Cheng, PhD, MSW**  
Assistant Professor, Northern Michigan University  
**Host:** **Northern Michigan University** • Register at this link:  
<https://nmu.edu/continuingeducation/education>



**Beginning skill level**

**Description:** This training is designed to provide child welfare workers and social workers with the tools and strategies needed to work with children who have experienced abuse and neglect. Through this training, participants will gain a better understanding of grief and loss children experience as a result of child abuse and neglect. More importantly, participants will explore evidence-based coping mechanisms and interventions that can alleviate some of the negative emotions children have experienced in the child welfare system. This webinar will utilize large group discussion and visual displays.

## Introduction to Nonviolent Communication

**Date/time:** Friday, May 10, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** **Krista Rowe, CFT**  
Director, Diversity, Equity and Inclusion, and Belonging; Eventgarde Certified Technology of Participation (ToP) Facilitator (CTF)  
**Host:** **Michigan State University** • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Conflict is a healthy and inevitable part of personal and professional relationships. Conflict often arises because of breakdowns in communication, expectations (both spoken and unspoken), and trust. While many might prefer avoiding conflict altogether, it only manages to “pop-up” in unexpected ways at later times. Left unaddressed, it can have a negative and lasting impact on both relationships and outcomes. This is especially true when having difficult conversations around race and power. Nonviolent communication (NVC) uses a four-part guide as part of its conflict resolution philosophy that is used to address conflict in a productive and transparent way. This webinar will introduce you to the model of nonviolent communication, review the four-part process, and identify opportunities to practice its application as a method for conflict resolution. This webinar will utilize exercises, large group discussion, and visual displays.

# Webinars

## Child Brains and Trauma: How ACEs May Predict Development

**Date/time:** Friday, May 17, 2024 • Program 12:00 PM – 1:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** Julie Knop, MSW, MFI  
Director, Child Abuse Training Unit, Prosecuting Attorneys Association of Michigan  
**Host:** Michigan State University • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Children who experience adverse events in childhood have a higher rate of developing multiple issues later in life, including health issues, development and behavior issues, and mental health issues. Varying levels of abuse or negative situations alter the way a child's brain develops. Participants will learn about ACEs—Adverse Childhood Experiences, which are potentially traumatic events that occur in childhood and how they may manifest into adulthood. This webinar will utilize large group discussion and visual displays.

## Avoiding Burnout by Practicing Self-care

**Date/time:** Monday, May 20, 2024 • Program 3:00 PM – 4:15 PM (ET)  
**Social Work CECHs:** 1 hour • Approval #MICEC-0001  
**Presenter:** Kelley Hollie, LMSW  
Therapist and scholar-activist  
**Host:** Michigan State University • Register at this link:  
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



**Beginning skill level**

**Description:** Providing services with finite resources to needy clients can be stressful. This webinar will explore ways for practitioners to develop an understanding of self-care and its importance to practitioner health. Participants will be given a toolkit of strategies to practice self-care in their own lives using somatic techniques and evidence-based interventions. This webinar will utilize exercises, large group discussion, and visual displays.

# On-demand training courses

## Now offering FREE online courses! No registration required!

Online courses are recordings of live webinars and can be watched from the convenience of your home, office, or on the go! For each course, you will complete a pre-training evaluation and post-training evaluation. NO CONTINUING EDUCATION CLOCK HOURS (CECHs) are offered for the online courses, which are listed on pages 29–32. To improve your experience, we have created training categories including topics related to caregiving, children and families, substance abuse, supervision, trauma, and more. We offer trainings specific to caregivers, supervisors, and child welfare workers.

To view all course offerings, visit:

<https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html>

## A few highlighted courses!

### **Connecting Brain and Behavior**

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

### **Dissociative Coping in Traumatized Children**

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

### **When Addiction Trumps Relationships: Working with Mothers and Addiction**

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

## Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336	Caregiver: Advocating for My Child in the School System
Caregiver	354	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children and Families
Caregiver	217-18	Locating the Past and Building the Future
Caregiver	213-19	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families
Caregiver	214-19	Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families
Caregiver	218-19	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems
Caregiver	224-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 1: Trauma and the Brain)
Caregiver	226-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 2: Creating Connections)
Caregiver	228-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 3: Solutions to Challenging Behavior)
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312	Suicide Assessment, Management, and Intervention
General/MDHHS	313	Safety Planning
General/MDHHS	314	Effective Courtroom Advocacy
General/MDHHS	315	Children of Parents with a Mental Illness
General/MDHHS	322	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	324	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325	Working with Immigrant Children and Their Families
General/MDHHS	327	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328	Creating Safety for Children
General/MDHHS	329	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337	Supporting and Strengthening Early Relationships for Children in the Child Welfare System

## Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	340	Positive Parenting with Very Young Children
General/MDHHS	341	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347	Working with Families Affected by Substance Abuse
General/MDHHS	348	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350	Adoption as an Option for Older Youth
General/MDHHS	352	CBT for Social Anxiety in Children
General/MDHHS	355	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362	Your Role in Making Medicaid Happen
General/MDHHS	363	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365	Dissociative Coping in Traumatized Children
General/MDHHS	371	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374	Father Involvement in Functional Family Formulations
General/MDHHS	376	Promoting Health and Wellness for Foster Youth
General/MDHHS	378	Teen Parents in Foster Care
General/MDHHS	382	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383	Youth Transitioning Out of Foster Care
General/MDHHS	384	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution
General/MDHHS	385	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386	Understanding and Supporting Adoptive Families
General/MDHHS	387	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development
General/MDHHS	390	Honoring and Empowering Adolescents

## Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	392	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	203-18	“Who Am I?” Fostering Identity Development with Foster and Adopted Youth
General/MDHHS	205-18	Why It’s Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	209-18	A Guide to Caring for Muslim Children in Foster Care
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
General/MDHHS	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
General/MDHHS	221-18	Challenges in School (Part 2): Strategies for Success
General/MDHHS	200-19	The Matter of Motivation
General/MDHHS	201-19	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth
General/MDHHS	202-19	Making Trauma-Informed Placement Decisions
General/MDHHS	203-19	Stress and Burnout in Foster Families
General/MDHHS	204-19	Mindfulness, Wellness, and Creative Self-care for Helping Professionals
General/MDHHS	205-19	Advocating for Homeless Youth
General/MDHHS	206-19	Opportunity in Crisis: Managing Crises of Traumatized Youth
General/MDHHS	215-19	Beyond “No Means No”: Teaching Families About Body Safety and Consent
General/MDHHS	220-19	When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence
General/MDHHS	221-19	Understanding Transracial Adoption
General/MDHHS	222-19	Making the Case for Retention-Focused Management

## Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	223-19	Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential
General/MDHHS	225-19	Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know
General/MDHHS	227-19	Special Education: Considerations for Child Welfare
General/MDHHS	230-19	Understanding Children's Grief
General/MDHHS	231-19	Trauma-Informed Foster Care
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	323	Supervision in Child Welfare: Strategies to Engage and Support Workers
Leadership	339	Principles of a Mobile Workforce
Leadership	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	218-18	Principles of Staff Engagement



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**Registration for child welfare online courses is no longer required!**

All child welfare online courses are available here:

<https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html>

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

**NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.**

Additional online trainings will become available soon!

**Stay tuned, and check the website often!**



# Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
<b>March 2024</b>	Understanding Stress and Trauma: The Brain-Body Connection	Thursday, March 7 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
	Introduction to Forensic Interviewing	Wednesday, March 8 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	23
	STOP, LOOK, and LISTEN...Knowing (and Re-knowing) Yourself	Wednesday, March 13 8:45 AM – 12:00 PM (ET)	GVSU Pew Campus Grand Rapids	Grand Valley State University	7
	Using the Screening, Brief Intervention, and Referral to Treatment (SBIRT) Model in Child Welfare	Friday, March 15 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	Enhancing Social-Emotional Skills and Psychosomatic Interventions for Children in Social Work Practice	Friday, March 15 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Western Michigan University	22
	Infant Mental Health	Friday, March 18 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	23
	Strategies to Prevent Burnout and Manage Stress	Friday, March 22 9:00 AM – 10:00 AM (ET)	WEBINAR	Madonna University	24
	Surviving the Moments: Suicide Awareness and Prevention	Friday, March 22 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	24
<b>April 2024</b>	Secondary Trauma and Self-care	Wednesday, April 3 10:00 AM – 12:00 PM (ET)	Live synchronous training via Zoom	Michigan State University	11
	Relationships and Health Equity	Thursday, April 4 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	Self-care Strategies for Child Welfare Workers	Thursday, April 4 1:00 PM – 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	20
	Trauma Rectification and Crisis Management in Health and Human Services	Friday, April 5 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	24
	Addiction 101: What I Should Know About Substance Use	Tuesday, April 9 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	6
	Effect of Abuse and Neglect on Children	Friday, April 12 12:00 – 1:15 PM (ET)	WEBINAR	Michigan State University	25
	Human Trafficking for Child Welfare Professionals	Thursday, April 18 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	12
	Skill Building: Working with Trauma, Grief, and Loss with Children and Families	Thursday, April 25 10:00 AM – 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	15
	Understanding and Supporting Grandparents as Caregivers	Friday, April 26 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	8
	Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children's Services	Friday, April 26 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	17
<b>May 2024</b>	From Infancy to Adulthood: How Early Relationships Impact Mental and Emotional Health	Wednesday, May 1 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	17
	Intergenerational Life Course Perspectives on Risk and Protective Factors of Child Abuse and Violence	Friday, May 3 9:00 AM – 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	19
	Compassion Fatigue and How to Recognize It	Friday, May 3 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	25
	Understanding Social Identity and Implicit Bias in Social Work	Monday, May 6 12:00 PM – 1:15 PM (ET)	WEBINAR	Michigan State University	25

# Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
<b>May 2024 continued</b>	Navigating Higher Education Resources for Youth from Foster Care	Tuesday, May 7 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	20
	Accepting and Affirming the LGBTQ+ Community	Thursday, May 9 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	13
	Challenges and Coping Mechanisms for Children Who Experience Abuse and Neglect	Thursday, May 9 10:00 AM - 11:15 AM (ET)	WEBINAR	Northern Michigan University	26
	Seeing Systems Through a Native American Lens	Friday, May 10 8:45 AM - 12:00 PM (ET)	GVSU Pew Campus Grand Rapids	Grand Valley State University	7
	Introduction to Nonviolent Communication	Friday, May 10 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	26
	Evidence Informed Practices in Permanency Planning	Thursday, May 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	8
	Racial Equity in the Workplace	Thursday, May 16 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	13
	Suicide Awareness, Prevention, and Response	Friday, May 17 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Enhancing Clinical Skills for Strengthening Clients' Internal Attachment Management in Social Work Practice	Friday, May 17 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Western Michigan University	22
	Child Brains and Trauma: How ACEs May Predict Development	Friday, May 17 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	27
	Navigating the Education System with Children Who Have Experienced Trauma	Monday, May 20 8:30 AM - 11:45 AM (ET)	SVSU campus	Saginaw Valley State University	16
	Avoiding Burnout by Practicing Self-care	Monday, May 20 3:00 PM - 4:15 PM (ET)	WEBINAR	Michigan State University	27
	<b>June 2024</b>	Understanding Cultural Humility	Wednesday, June 12 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University
Challenges and Opportunities in Maintaining Post-adoption Placements		Thursday, June 13 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	9
Placing a Child Transracially		Monday, June 17 12:00 PM - 3:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	14
<b>July 2024</b>	Understanding Loss Experienced by Youth in Foster Care	Friday, July 17 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Madonna University	10
	Bring the Light: Substance Use Disorders	Friday, July 19 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
<b>August 2024</b>	Transforming Trauma: Strategies for Family Resilience	Monday, August 12 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	18
	Embracing Cultural Humility in Practice	Tuesday, August 13 9:00 AM - 12:15 PM (ET)	SVSU campus	Saginaw Valley State University	16
<b>September 2024</b>	Staff Retention: Burnout Prevention and Stress Management	Thursday, September 12 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	15
	Trauma, Grief, and Loss	Wednesday, September 25 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	21



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MSU School of Social Work  
Baker Hall  
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East Lansing, MI 48824